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SANIBEL & CAPTIVA ISLANDS, FLORIDA

DECEMBER 9, 2016

DECEMBER SUNRISE/SUNSET: 9 7:05 • 5:37 10 7:06 • 5:37 11 7:06 • 5:37 12 7:07 • 5:37 13 7:08 • 5:38 14 7:08 • 5:38 15 7:09 • 5:38

Possibilities Of Golden Acrylic Paint



KD Tobin working in his studio

photo courtesy SCAL

Artist Kevin Tobin, representing Golden Artist Colors, will be the guest speaker at the next meeting of the Sanibel-Captiva Art League (SCAL) on Thursday, December 15 at 1 p.m. at the Sanibel Library.

The library is located at 770 Dunlop Road.

This lecture and demonstration, which is open without charge to anyone who is interested, is planned to be a mind-expanding exploration of new, creative possibilities.

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From left, Rob Summers, Sam Rotella, Katie Pankow and Galloway Stevens

photo courtesy BIG ARTS

A New Twist On An Old Classic

by Di Saggau

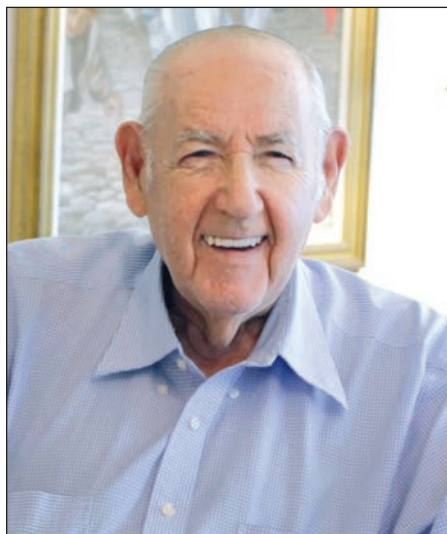
“This is the best production of *A Christmas Carol* that I have ever seen.” So said my friend as we watched the show at the BIG ARTS Strauss Theater on opening night. I told him I totally agreed. I have seen the original Dickens classic play many times with a cast of around 30. In this adaptation by Christopher Schario, there are only six actors, and it is a powerful, charming version full of humor and warmth, simply and directly telling the story of the redemption of the human soul. The audience’s imagination is free to soar as this classic story comes

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Paying Tribute To A Dear Friend

submitted by Sid Picker

A very special event will take place Tuesday, December 27 in Schein Hall at BIG ARTS. The BIG ARTS Film Society and Current Events are sponsoring a film and fun event and everyone is invited. We are paying tribute to Hal Patinkin, who died in June of this year. Hal was a larger-than-life personality on Sanibel, especially among the BIG ARTS, Bat Yam and Current Events communities. He had a mile-wide smile for everyone, and everyone in turn not only knew and adored him but knew that in addition to his family and Sanibel, Hal especially loved Hollywood movies of the days gone by. He was a “Minutia Maven” of old movies and a regular at the Monday Current Events groups. He was a founder of both Sanibel’s Monday Current Events and Bat Yam’s Saturday Current Events.



Hal Patinkin

photo provided

To celebrate Hal’s life, we are inviting everyone to attend a special movie screening at 7 p.m. All are welcome. So if you’re a Hal lover, a film lover, or a

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Cooking With The Islands’ Stars Coming Back In January

The new The Community House will be the perfect site for the annual Cooking with the Islands’ Stars, which will be held Saturday, January 28 at 6 p.m. Newly chosen family chefs will entertain you with their special recipes while you get to witness the first major event showcasing the new features of the host house.

The evening begins with appetizers supplied by eight of the best restaurants on the islands. The four family chefs will then take the main stage. You’ll see some very exciting dishes prepared by Sharon Schuyler, Fred Bondurant, Calli Johnson and Mike Billheimer. Also, culinary delights will be auctioned off before you sample decadent desserts prepared by Sanibel’s Kitchen Guild.

Enjoy this multimedia presentation as four local family chefs share their stories, briefly demonstrate how to prepare their

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Calli Johnson

photo courtesy The Community House



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Citizens To Vote On Civic Core Project In March

by Jeff Lysiak

The decision over whether the citizens of Sanibel would like to invest an effort into supporting a centralized island civic and cultural core campus will appear as a public referendum on the March 7, 2017 ballot.

During Tuesday's city council meeting, Sanibel's Civic and Cultural Core project – which is estimated to cost approximately \$42 million – was approved to move forward following a unanimous vote by members of the council.

When it was last discussed in detail in March, the proposed multi-faceted facility would include a new Island Seniors (Center 4 Life) building along with the BIG ARTS performance hall, theater and learning center interconnected to the existing library, city hall and Sanibel Historical Museum & Village by meandering walkways as well as bicycle and pedestrian paths.

The proposed campus, which would be located on a reconfigured Dunlop Road to accommodate the 25-acre site, would also include additional green space and a large community green for public gatherings.

The estimated cost to construct the proposed Civic and Cultural Core includes \$21 million to build the performance hall, theater, gallery and education center, \$8 million to build the new Center 4 Life, pavilions and other facilities and \$13 million for roads, parking and infrastructure.

Funding for the project has been proposed to come via grants and other funding sources (\$22 million), BIG ARTS (\$12 million) and the City of Sanibel (\$8 million), in addition to the city's contribution of 25 acres of land, along with BIG ARTS' one acre of land.

On Tuesday, councilors considered both a resolution to remove a 13.5-acre parcel from the Environmentally Sensitive Lands Conservation District – located east of the Sanibel Public Library – in order to accommodate the civic core facility as well as a resolution authorizing the council to apply for the issuance of up to \$8 million in general obligation bonds for the project, should the public approve the referendum.

Ralph Clark, a Sanibel resident representing the Civic and Cultural Core Working Group, added that he was pleased that the city is “moving forward to set the required logistics” so that the public can express its preference on the matter.

“This project, envisioned several years ago, was and will be ‘by the community and for the community,’ and the referendum assures that the majority community voice always is honored,” said Clark. “The volunteer working group shares a high sensitivity to issues that many of you are concerned about such as traffic, environmental impact and cost. We are committed to a process and project that will work to enhance the quality of life of our citizens, and we will protect the special character of the Sanibel we all love.”

However, several members of the audience expressed a desire that the city provide more information that can currently be found about the project. Resident Jonathan Tongyai questioned how the city planned to mitigate the loss of several acres of wetlands at the proposed site; Jason Maughan asked if the project was the most important issue facing the island; David Bath suggested that the project was “clearly in conflict” with the Sanibel Plan and city's vision statement; Steve Maxwell asked that the total cost for the project be included in the ballot language.

“Clearly there are benefits to this, but clearly there are also concerns about this,” added resident Bob Holder.

Richard Johnson, another member of the Civic and Cultural Core Working Group, offered that it was very important that all of the information about the project be factual. “Let this issue be decided by the voters rather than the people who attended the meeting today,” he added.

After some additional commentary, members of the council weighed-in on what they had heard. Mayor Kevin Ruane suggested that more time and effort could have been spent on educating the public about the project, later indicating that the Lee County supervisor of elections was pressing the December deadline to have the referendum placed on the March ballot. “Our choices are to move this forward or to delay it in order to gather more information,” he said.

Fellow councilman Chauncey Goss approved of the idea of allowing the citizens of

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OBITUARY



THOMAS “TOMMY” GRAY
 Thomas “Tommy” Gray, age 53, passed away December 2 at his home in South Lyon, Michigan, surrounded by his family.
 Tommy was born July 12, 1963 in Monroe, Michigan. He graduated from Northville High School and later worked at the Ford Wixom Assembly Plant. When not working, Tommy loved

spending time with his four children. In 1998, he entered an early medical retirement due to blindness caused by Stargardt’s disease. He then moved to Sanibel Island, Florida where he lived for 17 years, many of which were spent with his guide dog, Jackson.
 Tommy and Jackson were a familiar sight on the island, walking the sidewalks and bike paths, and accumulating more than 7,700 walking miles during his stay here.
 While living on Sanibel, Tommy joined the Sanibel Captiva Lions Club, where he became an active participant in club activities, in spite of his handicap. The local Lions Club helped Tommy obtain his first guide dog, Jackson, and Tommy repaid the kindness by working with other blind people in assisting them to obtain and utilize their guide dogs.
 In 2015, Tommy moved to South Lyon, Michigan to be closer to his family.
 He is survived by his children, Kaity (Mike) Heikkila, and Chris, Steve and Emily Gray; his father, Dale Gray (a Sanibel resident); brothers, Tim (Janet) Gray, and Todd (Dawn) Gray; his sister, Terry (Bryan) Barnaby; and seven nieces and nephews. He is preceded in death by his mother, Elizabeth “Betty” Gray.
 A memorial mass will be held Saturday, December 10 at 11 a.m. at St. Charles Catholic Church, located at 8033 North Dixie Highway (corner of North Dixie Highway and Swan Creek Road), Newport, Michigan.✽

Church Holds Turkey Bowl



Teens and adult game photo courtesy SCC
 On Thanksgiving Day, Thursday, November 24, Sanibel Community Church’s (SCC) H2O youth program hosted the annual Turkey Bowl.
 From 9 to 11 a.m. attendees participated in two games, one for teens and adults, and one for fifth grades on down.
 There was never a dull moment and there was lots of laughter and many memories made.
 The church will play host to this event again next year on Thanksgiving Day. “It’s always a great way to burn off some extra calories before Thanksgiving dinner,” said Pastor Kevin. “We have some people who visit Sanibel every year on Thanksgiving and really look forward to this event.” This year the games took place in the back fields of the church.
 H2O Student Ministries is for sixth through 12th grade young men and women. H2O meets on Wednesday evenings from 5 to 7 p.m. for middle school students, 6 to 8 p.m. for high school students, and on Sunday mornings at 11 a.m. in the youth center. All students are welcome to attend. Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry’s Market).✽

Art Venues To Host Reception

Tower Gallery, Hirdie Girdie Gallery and Surroundings will be collectively hosting an Art Under the Stars reception on Thursday, December 8 from 5 to 9 p.m.
 Get into the holiday spirit – island style – and meet the artists at all three shops and see all of the new work by some of Southwest Florida’s most creative painters, jewelry designers, potters, photographers, printmakers and sculptors.
 The three creative spaces are all within strolling distance of each other on Sanibel. Tower Gallery is located at 751 Tarpon Bay Road, Hirdie Girdie Gallery is located at 2490 Library Way and Surroundings is located at 2480 Library Way.✽

DECEMBER ART SALE

San Cap Art League

“You’ve seen us at BIG ARTS, Alliance for the Arts, Sanibel Library, Coconut Point and many other local galleries. Now come see us for our Pre-Christmas Sale. We are local artists that have won top prizes for Nature, Landscape, Portrait and Plein Air paintings, etc.”

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Seventh Graders Learn About Laws During Student Government Day



Jim Jennings addressing seventh graders from The Sanibel School during Student Government Day on December 2

photos by Jeff Lysiak

by Jeff Lysiak

Seventh graders from The Sanibel School made their annual visit to Sanibel City Hall last Friday morning for Student Government Day, where members of the city council and various department leaders share their knowledge of local government, laws and city infrastructure.

Hosted by Mayor Kevin Ruane, Vice Mayor Mick Denham, council members Jim Jennings and Chauncey Goss, along with several department representatives from the City of Sanibel, students were told about how officials are elected, how resolutions and ordinances are passed, and the important role members of the public play in local government.

“These people who sit up here make the laws that we all have to work with,”



Chet Sproles and Case VandeVelde

Jennings told the group. “We want the laws to be reasonable so that people will be able to follow them.”

The entire class began their field trip visiting with members of the city council, then split up into three groups. Each group would visit various city departments – including finance, building, natural resources, MIS, recreation, public works, planning and the police – before a luncheon provided by Bailey’s General Store.

Ruane began his presentation by explaining the role of the city council, then detailed the three main goals of that governmental body on Sanibel: water quality, financial stability and commercial redevelopment.

In addition, Ruane informed the students what requirements need to be met when running for office on Sanibel. Candidates must be at least 18 years old, a citizen of the United States and an island resident. Once the candidate acquires enough signatures for their name to be placed on the ballot, after they are certified by the supervisor of elections, the candidate must open a campaign account and appoint a treasurer to oversee funds raised. “It’s an interesting process,” he noted.

Denham explained the process of establishing local laws, which requires listening to the concerns and opinions from members of the public. He also stated the importance of establishing an annual budget for the city to operate successfully.

“We as a council must ensure that we are living within our means,” said Denham. “That’s one of the most important things that we have to do every year.”

Jennings then discussed the methods that citizens can voice their concerns before members of the council before Goss spoke on how local laws are created

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Saturday, December 10, 4-7 PM

Children's Education Center of the Islands

350 Casa Ybel Road

Event proceeds will help fund scholarships and facility improvements.

Admission includes roasted pork, sides, and non-alcoholic beverages.

Beer and wine available for a suggested donation.

Event Information: 239-472-4538

Adults \$30 (in advance) \$35 (at the door) Kids age 13 - 18 \$10 Kids 12 and under FREE



Kenny Kouril petitions the council to allow 18-year-olds to be out after 10 p.m.



Council member Sophia Black responds to a comment

and enforced. “We will work for you, so if you want to change something, we have to listen to you,” said Goss.

Ruane then selected students to serve as members of the city council, city manager, city attorney, city clerk and two citizen spokespeople who debated the topic “Should 18-year-olds be allowed to be out after 10 p.m.?”

From page 1

Cooking With The Stars

signature dish and share recipes.

All proceeds benefit the Culinary Education Center, which provides classes, children’s programs, demonstrations, kitchen garden techniques, pots and pans, etc. The “farm-to-table” movement is the focus of the 900-square-foot kitchen and its educational programming, so help stock the pantry.

There are two prize winners: People’s Choice (dependent on your monetary donations) and Judge’s Choice (three fun and accomplished judges will taste and comment on each family chef’s cooking). Both winners will receive a trip for two to the Fort Lauderdale area where they will work in a well-known chef’s kitchen and be treated to gourmet meals.

Admission is \$100. A limited number of VIP tickets with priority seating and samples from the family chefs are \$200. Contact The Community House at 472-2155 to support a new era of good eats.*



Fred and Mary Bondurant

photo courtesy The Community House

MEMORIAL SERVICE

A memorial service will be held under the tent at McCarthy’s Marina in celebration of Paul F. McCarthy on Sunday, December 11 from 4 to 7 p.m.

A brief presentation begins at 4:15 p.m., followed by hors d’oeuvres, refreshments, sharing memories and music provided by the Danny Morgan Band.

McCarthy’s Marina is located at 11401 Andy Rosse Lane on Captiva.

Parking is available at the Captiva Library, and South Seas Island Resort (Chadwick’s). There will be a shuttle service between these locations and McCarthy’s Marina. Allow extra time for parking.*

“Elected” to serve were Matthew Ciccone (city clerk), Sophia Black (council), Amy Martinez (vice mayor), Chet Sproles (mayor), Case VandeVelde (council), Elaina Suslick (council), Will LeJeune (city manager) and Tye Robison (city attorney). Representing the citizens were Kenny Kouril and Christian Menzel.

The mock council weighed citizen input and discussed the pros and cons of the matter.

Following the debate, students were divided into three groups before they dispersed to visit various departments at Sanibel City Hall.*

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Compensation Ordinance Stalls, Won't Go To Referendum



Mayor Kevin Ruane awarded the City Employee of the Year Award to Sara Tabor, executive assistant to the city manager in the administration department, during Tuesday's city council meeting

photo by Jeff Lysiak

by Jeff Lysiak

The long-debated issue over whether to amend the City of Sanibel's charter provision to compensate elected members of the city council – \$1,500 per month for each council member and \$2,000 per month for the mayor – will not be put up for a public referendum in the spring after the ordinance failed to receive the unanimous support of the current council.

During a lengthy discussion on the matter Tuesday morning at MacKenzie Hall, with more than a dozen citizens offering their input on whether to compensate elected officials, council members themselves were split over moving the issue forward.

Mayor Kevin Ruane, who brought the compensation issue – which had been previously defeated by Sanibel voters twice during the 42-year history of the city – up for discussion earlier this year, offered that the demands on members of the council have increased dramatically over his nearly 10 years of service.

"In an average week – between the phone calls, emails, etcetera – I'd have to say I spend at least 40 hours doing this job," he told the audience of nearly 50 members. "It's not the rationale (for adding compensation), but I think the job has changed... It really comes down to what the people want us to do."

Vice Mayor Mick Denham also pointed out the amount of meetings – both on and off the island – along with the amount of studying and research that goes into making informed decisions on behalf of all citizens of Sanibel.

The proposed ballot language, drafted by City Attorney Ken Cuyler, read:

"Shall Section 3.03 of the Sanibel City Charter (as codified) be amended to provide for the payment to each city council member, other than the mayor, a salary in the amount of \$1,500 per month, and to the mayor a salary in the amount of \$2,000 per month, during each council member's term(s) of office commencing April 1, 2017?" The question is followed by YES and NO.

During public comment on the matter, several members of the audience shared

their opinion – both for and against – over whether the compensation issue should be decided by a public referendum. Resident Ted Tyson suggested that the ballot language itself was inadequate, calling the draft legislation "minimal." Fellow resident Steve Maxwell called his objection "a philosophical issue."

"I think that it's imperative that there has to be a unanimous agreement by each member of the council (to pass the ordinance)," said councilman Marty Harry, who called his fellow councilors "the most efficient machine I've ever been a part of." However, he offered that his dedication in serving the community would not be impacted whether the compensation was approved or not.

"Whether (the public) votes yes or they vote no on this, I'm gonna do what I do," added Harry. "I have a lot of admiration and pride being a part of this team."

Councilman Chauncey Goss, however, voiced his opposition to supporting the compensation matter, noting that the "founding fathers" of Sanibel had considered a salary for elected officials, but ultimately decided against it. "I'm not too taken with the idea that we need compensation," he added.

Ruane made a motion to approve the ordinance, which was seconded by Harry "for discussion purposes." However, following the public hearing on the matter, Harry withdrew his second.

A former member of the council, Peter Pappas, suggested that the issue should be put on the March ballot. "We the people are entitled to make that choice," he said.

Fellow councilman Jim Jennings, in an attempt to revive the issue, hoped the council would have the courage to finish what it started. "I'm a person that when I make a plan, I stick to it," he said, later making a motion to approve the ordinance as proposed. His motion received no second.

"This was democracy at its best," Ruane added. "Let's move forward."✱

Incumbents And Newcomer Appointed

by Jeff Lysiak

During Tuesday's city council meeting, incumbents Chuck Kettelman and John Talmage, along with newcomer Karen Storjohann were appointed to the Sanibel Planning Commission.

All three appointments are for three-year terms, which will commence on January 10 and expire on January 9, 2020.

A retired teacher, Storjohann has a bachelor's degree in history and a master's degree in education. A member of the Zonta Club of Sanibel-Captiva, CROW, BIG ARTS, Sanibel Historical Museum & Village and SCCF, she has been an active follower of both the council and commission.

"I would like to have a vote as well as a voice in the workings of the planning commission because I believe their work is essential to the economic and environmental survival of the city," Storjohann wrote in her application for

appointment.

Other citizens who were considered for the positions included George Campean, Claudia Burns, Robyn Cook, Dirk de Werff, Tom Rothman and Jonathan Tongyai.

Current planning commissioner Tom Krekel, who did not seek reappointment, was thanked by several members of the council for his years of service to the city.✱

Marine Advisory For Dredging

The City of Sanibel began dredging of the entrance channel to the Shell Harbor Subdivision on November 30. The channel will remain open for use during dredging, however, there may be short periods of time when boat traffic will need to be stopped. Boaters are advised to be alert and aware of the construction operations taking place. This work will take a few weeks to complete.

Proceed slowly and cautiously through the area when dredging operations are under way. Contact the city's Public Works Department at 472-6397 with any questions.✱

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OBITUARY



JACQUELYN ANN RAUSCHERT

Vibrant, loving and witty Jackie of Sanibel joined her WWII “Flying Ace” husband of 71 years, Richard, at the highest of heights on Saturday, November 26. She passed at Hope Hospice from Myelodysplastic Anemia. Loved by so many for her giving nature, her storytelling, her “from the heart” home cooking and baking, she had a great desire for everyone to be happy, consequently making everyone feel at home.

Born in Chicago, educated at North Park University, she made a life with her craftsman builder husband, Dick, in the

Chicagoland area where she raised three children. In her midlife years, she managed the jewelry department at Lord & Taylor of Schaumburg. At the age of 55, they retired from the Windy City to sunny Sanibel and built their last home. On the island, they found tranquility, nature and a wonderful escape from the brutal winters of Chicago.

Jackie was an avid lover of history, who also loved to read and converse. She was one of the original docents at the Sanibel Historical Village. She was actively involved in its evolution, working on preserving authenticity through displays and conducting tours. She ultimately became the official “scheduler” of the docents for over 20 years. She spent countless hours coordinately the volunteers, filling shifts daily, thus keeping the museum running smoothly to serve the visiting public. She was nicknamed “Telephone Jackie” for all her efforts. She remained attached to the wonderful women who all contributed their time to the early village days. These ladies became known as the “Ladies of the 80s.” Jackie so loved the monthly luncheon get-togethers with this very special group of retired docents who contributed so much preserving Sanibel’s heritage.

Jackie’s favorite pastimes included collecting antiques, decorating, being creative, traveling, baking, getting books from the Captiva library, picnics on the Causeway and Bowman’s Beach, daily crossword puzzles, visiting with neighbors and playing “rummy” with her grandchildren. She also enjoyed watching and placing small bets with friends on the Kentucky Derby. She was thrilled by the World Series victory of the Chicago Cubs.

She would often recount how she snuck out of school early to attend “Ladies Day at Wrigley” in her youth. But most of all, her family was always her priority, and her grandchildren were her greatest joy in life.

She is survived by her three children, Robin Bernardi, Thomas Rauschert, Nancy Kula (Joseph) and three grandchildren, Richard Bernardi (Season), Dr. Joseph Kula (Dr. Katie) and Hilary Davis (Andrew).

Jackie was an exemplary testament to the “Greatest Generation” and a tribute

to its values. A “Class Act” of integrity, honesty, hard work, devotion and sacrifice. She will be greatly missed by those she touched.

A private family memorial will take place in her home. The family wishes to express their deepest gratitude to FISH of Sanibel and Hope Hospice. They would prefer any donations in honor of Jacquelyn Rauschert be sent to these wonderful, vital organizations.✧

From page 1

Possibilities Of Golden

Topics and product demonstrations covered include: heavy body, fluid acrylics, Williamsburg oil paints and QoR watercolors. The discussion will include printmaking techniques utilizing Golden’s Open Acrylic, artist-made printing plates using collagraphic processes, as well as watercolor printing.

Tobin, a creative artist, is a Golden Artist Colors Certified Working Artist Lecturer. Born in Connecticut, and now living in Sarasota, Florida, he has been painting for more than 40 years in acrylics and mixed media. Tobin works snippets of newspaper text and headlines from around the world into each of his paintings. These act as time-coding elements to root the piece to the period in which it was created. It also helps contribute to rich surface texture. A selection of his work can be seen at www.kdtobinart.com.

Paintings by Rita Skoczen will be

on display throughout December at the Sanibel Captiva Community Bank, located at 2475 Library Way on Sanibel. Skoczen, a member of Sanibel Captiva Art League, studied at the Meininger Art School and the Kansas City Art Institute. An award winning artist, her work hangs in many permanent exhibitions in Michigan, as well as various national private and corporate collections. She is well known for her detailed and beautifully rendered colored pencil works.

The public is invited to meet the artist at a reception on Thursday, December 15 at 4:15 p.m. at the bank.

At this time monthly displays of the league’s art are shown at the Sanibel Public Library. The public is invited to attend monthly educational meetings, and also to participate in Thursday weekly paint-outs at various island locations. The Sanibel-Captiva Art League is a member and active participant in the Southwest Florida Art Council. In January, the league will sponsor the council show, Sight Unseen, at BIG ARTS.

For more information, visit www.sancapart.com.✧

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From page 1

A New Twist

to life in a way you've never imagined.

Scrooge is played masterfully by Rob Summers. He stays in his character throughout the performance, while the other actors, Jake Delaney, Katie Pankow, Sam Rotella, Nicholas Salerno and Galloway Stevens, portray several characters. They change costumes, personalities and even dialects at a moments notice.

The play begins with a child, played by the young Salerno, reading the story for the first time. As the scenes are played out around him, the boy becomes totally caught up in the story and

finally enters the play as Tiny Tim and others. The world of Scrooge, including Fezziwig, the Cratchits, Marley's ghost, the ghosts of Christmas Past, Present and Future, comes alive and ignites the holiday spirit for young and old alike. I've been telling everyone I run into to go see this show. It's amazing.

The staging, sound effects, lighting, costumes and special effects blend together beautifully to make everything magical. While true to the heart of the original story, this version imaginatively rejuvenates the tale as the actors share narration and portray the various characters. A live fiddler, Kristen Weis, underscores the story with traditional Christmas music. What a lovely touch.

The play is directed by Jeff

Stockburger from Indianapolis. I enjoyed meeting and chatting with him prior to the play. He obviously knows his craft because the show was a magnificent experience from start to finish. Most of the action takes place on a round stage in the middle of the theater, with two smaller stage areas on either side. I truly loved this show.

A *Christmas Carol* is the perfect present for the entire family. It plays through December 23, at BIG ARTS Strauss Theater on Sanibel. Evening performances are at 7:30 p.m. Tickets are available at the theater, 2200 Periwinkle Way, and at the BIG ARTS box office, 900 Dunlop Road. Call 395-0900 or go online to www.BIGARTS.org.✱

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BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Alan Lessack at 579-0296.

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UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. email ryi39@aol.com or 433-4901.✱

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Hope to see you next year, we're adding a few surprises!



The Atlantic Fat Tellin, *Leporimetis intastriata*, from Turner Beach, Captiva side of Blind Pass. Bottom images show valves in ventral view photo by José H. Leal

Shell Of The Week

The Atlantic Fat Tellin



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

The Atlantic Fat Tellin, *Leporimetis intastriata* (Say, 1827), belongs to the Tellinidae, a

family of bivalves that includes many species worldwide, and with at least 15 species locally. Fat Tellins are relatively large, reaching about three inches in length. They share the “curved” profile characteristic of members of the family, with the left valve slightly concave and

the right one convex (this is shown in the bottom image, where the left valve is below the right one). In addition, the right valve in Fat Tellins has a strong posterior ridge, which corresponds to a strong groove on the left one. The curved shells of tellins reflect their mode of life: tellins burrow in sand, laying flat, “parallel” to the sand surface, and the Atlantic Fat Tellin is most likely no exception. Learn more about Sanibel and Captiva mollusks at <http://shellmuseum.org/shells/southwest-florida-shells>.

Shell Museum Events

Daily programs are included with paid admission:

Live Tank Talks – Presented by a marine biologist throughout the day.
Arts & Crafts – 1:30 to 2:30 pm.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

Sanibel-Captiva Conservation Foundation

Croc And Gator Tales

The biology of alligators and crocodiles is an ancient tale of survival. Florida’s history of these reptiles and humans are closely intertwined. To learn about these fascinating creatures and what you must do to ensure the safety and survival on the islands’, attend Croc and Gator Tales on Wednesday, December 14 at 10 a.m. in the SCCF Nature Center auditorium. Call 472-2329 for more information.



Please, never feed an alligator

Turtle Tracks

On Thursday, December 15 at 10 a.m., learn about the lifecycles and habits of sea turtles that nest on island beaches and what SCCF is doing to protect them. Sea turtle nesting season is May through October. The program is free to SCCF members and children, or \$5 for adults. Call 472-2329 for more information.



Baby sea turtles hatching

The Human Uses Of Florida’s Native Plants

Did you know that Henry Ford stuffed the seats of his cars with the air plant, Spanish moss, or that Thomas Edison used the giant native seaside goldenrod for electrical conductivity experiments? Calusa fishermen of the past used the poisonous saponins in certain native plants to harvest their fish. Hear stories like these when you attend the Human Uses of Florida’s Native Plants program on Friday, December 16 at 11 a.m. at the Native Landscapes and Garden Center at the Bailey Homestead Preserve, 1300 Periwinkle Way on Sanibel. Cost is \$5, with SCCF members admitted free.

Call SCCF at 472-2329 for more information on these programs. Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.



Newspaper ethnobotany

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Make The Holidays Brighter

Friends Who Care, Inc. has been assisting island residents since 1983. The organization provides help for children and adults in crisis-related situations, and works on an anonymous basis with information provided from local churches, schools and other caring individuals in the community.

The holiday season has become a very rewarding experience, with many volunteers joining the gift collection

program located at the post office, fire department, city hall, the Garden Club, ABWA, Bailey's General Store, The Dunes Golf & Tennis Club, The Sanctuary Golf Club, The Center 4 Life, Sanibel Captiva Community Bank, Bank of the Islands, Sanibel Congregational United Church of Christ and Zonta. Local service clubs such as the Kiwanis, Lions and Rotary, have contributed funds. Friends Who Care Inc. also has the continued support of local realtors and churches. Finally, contributions are given from private individuals, giving their time and effort to make children and adults happy this holiday season.

The organization's schedule:
Wednesday, December 14 at 2 p.m. is Sorting Day at the Sundial Beach Resort & Spa's San-Cap Room, located at 1451 Middle Gulf Drive.
Thursday, December 15 at 9 a.m. is Wrapping Day at the Sundial's San-Cap Room. Bring scissors. If you are interested in volunteering on either day, drop by. The group asks that only adults attend. Call Tom or Kitty at 472-5152 with questions.
The Sanibel-Captiva Kiwanis Club's Santa Run delivers gifts to island children and seniors on the evening of December 23.*

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Fish Caught



Brian Burns with a good-sized snook

The Burns family had a successful outing with Capt. Jeff Zasadny on Friday, November 25. Jesse Burns and dad, Brian Burns, came from Salida, Colorado to fish with grandfather, Bill Burns from Buffalo, New York. Jesse caught a trophy black drum weighing 15-plus pounds early in the morning along the mangrove islands near Pine Island. The order of the day was snook, and they caught about two dozen near the mangrove shores around Captiva. Shrimp was the bait used all day and all fish were caught and released.*



Jesse Burns with a big black drum



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Sage and Maple Sausage Gravy
Choice of Ham, Bacon or Sausage
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Watermelon Salad 9
Mixed Greens, Orange Supremes,
Goat Cheese, Shaved Red Onion,
Pear Gastrique (GF)

Seared Scallops* 14
Corn and Tomato Relish, Cucumber,
Lemon Grass-Ginger Vinaigrette (GF)

Baked Jumbo Lump Crab Cake 14
Roasted Potato, Spinach, Bacon Hash
Chive Beurre Blanc

Butternut Squash Ravioli 16
Brown Butter, Sage, Butternut Squash and
Mushrooms

North Sea Blackened Salmon 18
Potatoes, Bell Peppers, Corn, Spinach
Creole Sauce (GF)

Chicken Marsala 16
Tuscan Potatoes, Petite Vegetables,
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Love Those Minus Tides



by Capt.
Matt Mitchell

Super low water has always been one of my favorite set-ups for catching fish. During these minus low tides, fish just stack up in big numbers in the deeper channels.

The first few hours of the low incoming tides this week had snook, jacks, grouper and even a few redfish just going off. Free-lined live shiners and pinfish were the bait of choice for these fish during this often crazy bite.

Shallow water gag grouper fishing can be a great option this time of year with this season remaining open until December 31. Many channel markers and local knowledge under water structures can hold good numbers of gags. Most of these grouper are under the 24-inch minimum but put on a great fight as they try to run back into the structure and break you off. This

is full contact fishing; no other fish we target hits as hard as a grouper. Another option is trolling the ledges and drop-offs in and around the passes with large-lipped diving plugs. Either method of dropping: a live bait or trolling, if you put your time, you will eventually get a keeper.

More and more sheepshead continue to show up with each cold front that passes through. Keeper-sized and better can now be caught in and around the passes along with most intercostal docks. Small chunks of shrimp on a jig head or live fiddler crabs will get it done. Until water temperatures get a little cooler though, there are still lots of small mangrove snappers in these same places that are beating the sheepshead to the bait.

Snook season for our region of Florida came to an end December 1. As long as conditions remain warm though, I still target snook almost daily with my clients, enjoying this catch and release fishery most of our winter. If it's season or not, always handle snook as little as possible and avoid using a landing net, which knocks the protective slime coating off these fish. When releasing, keep your eyes open for hungry dolphin while releasing them as they often crash your snook catching



Mary Laser with a 26-inch redfish caught while fishing with Capt. Matt Mitchell this week

party. When they do, it's time to leave.

Unexpected afternoon rains proved a little challenging a few times this week and caused either rescheduled or shorter trips than planned. Even during the often windy conditions, as long as the tide was moving, fishing in the sound proved very consistent. Water conditions on the gulf side are still looking funky, with a weird sheen on the surface and a noticeable lack of

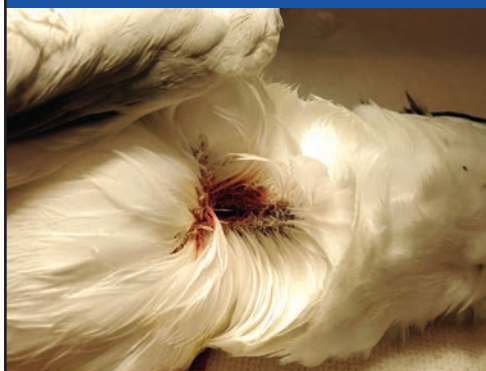
bird and bait activity within a few miles of the beaches. This is probably from the red tide offshore, while the sound just gets clearer and prettier by the day.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com. ☆

Send Us Your Fish Tales

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Dave Doane



The aquatic plant forms dense mats that limit biodiversity, recreation and commercial activity

Plant Smart

Water-Lettuce

by Gerri Reaves

There may be disagreement among plant experts as to whether water-lettuce (*Pistia stratiotes*) is native to the United States. But one fact is not in dispute: This member of the arum family thrives in many states, including throughout Florida, and is officially labeled noxious or invasive in six of them.

The pretty aquatic plant has been in Florida since before 1765. Some experts state its origin as Africa or South America.

The Florida Exotic Pest Plant Council lists it as a category I invasive species.

Plants in that infamous category are defined as "invading and disrupting native plant communities." The classification is based on documented ecological damage.

If you need another reason not to include this species in your aquarium or water or bog garden, consider that the Florida Department of Agriculture and

Consumer Services prohibits it, and it is illegal to possess in Florida without a special permit.

Water-lettuce is aptly named and easy to identify. Pale green fuzzy leaves measure up to six inches long and form a rosette. Thick and hairy with wavy edges, they can be spongy at the base. Parallel veins give the stalkless leaves a ridged appearance.

The fact that it looks like a floating open head of lettuce inspires the common name. Two other names are tropical duckweed and water bonnet.

The roots are feathery and the flowers inconspicuous. The single female flower is located beneath male flowers at the center of the basal rosette.

The plant produces a green berry with many cylindrical seeds.

Rosettes send out runners from which new leaf clusters form.

Because the linking plants form heavy mats on freshwater rivers, lakes, canals and streams, it prevents recreational and commercial activity. It can block the mouths of rivers or proliferate so

successfully that it blankets a lake shore to shore.

In optimal conditions, it can double its population size in less than three weeks.

It can reduce the oxygen levels and sunlight to such a degree that other species – such as fish and beneficial water plants – cannot thrive.

It also physically impedes wildlife that need it for habitat. Overall, it reduces biodiversity and chokes-up water ways.

Various control methods are ongoing in Florida, including mechanical removal or chopping, biocontrols and herbicides.

Boaters can help the fight by always



Water-lettuce's native status is disputed by some experts, but the invasive plant has been in Florida for centuries

cleaning boats before entering the water to prevent the transfer of plant fragments.

People who have aquariums should be sure not to buy water-lettuce and to dispose of any existing water-lettuce responsibly, i.e., so it cannot enter and spread in a waterway.

This plant has traditional medicinal uses, but despite the name, it's not highly recommended for consumption.

Sources: *Identification & Biology of Non-Native Plants in Florida's Natural Areas* edited by KA Langland and K. Craddock Burks, *Illustrated Plants of Florida and the Coastal Plain* by Dr. David W. Hall, eatheweeds.com, myfwc.com, and plants.ifas.ufl.edu.

Plant Smart explores the diverse flora of South Florida.*

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, December 9, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Birds of Prey, presented by CROW staff.

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida.

Friday, December 9, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, December 12, 11 a.m., – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, December 13, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Tuesday, December 13, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, December 14, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. Live animal encounter following presentation.

Wednesday, December 14, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, December 15, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Friday, December 16, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Why Animals Come to CROW.

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Wildlife Walk with Rehabilitators and Staff, advance registration required

Friday, December 16, 2 to 3:30 p.m., \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.*

CROW Case Of The Week:

Eastern Indigo Snake



by Bob Petcher

There are hopes that the eastern indigo snake (*Drymarchon couperi*) is making a comeback on Sanibel & Captiva islands. The federally threatened species in Georgia and Florida has been involved in captive breeding at

Sanibel-Captiva Conservation Foundation and also part of the Pine Island Sound Eastern Indigo Snake Project that began in 2012.

The longest native snake species in the U.S. has had its difficulties in the southern region due to habitat loss. In fact, it had been regarded as extirpated—wiped out—on the islands before the two projects began. The PISEIS project involves a federal permit “to conduct a mark-capture study in Pine Island Sound to assess the population status, collect genetic samples and come up with recommendations to sustain these populations,” according to SCCF’s website.

Eastern indigo snakes average six to seven feet in length. They are non-venomous, look similar in color to the black racer (there is some blue within the indigo’s black hue), but are regarded as more intimidating due to their larger size.

Many question why such a snake or a snake in general is bred. SCCF answers “conservation through education” as institutions, nature centers, organizations and individuals seek snakes for live exhibits and educational lectures on snake conservation to hopefully change the negativity surrounding the reptile. Each species does have a role in the environment.

Conservationists say eastern indigo snakes were more plentiful on the islands prior to the late 1980s. According to Sanibel-Captiva Conservation Foundation Wildlife Habitat Management Director Chris Lechowicz, who is involved in both projects, the demise of the winter-breeding indigos is contributed to their being run over by vehicles on roads while actively searching for mates. The difference in both projects is described.

“Wild Pine Island Sound indigo snakes are measured, marked and released soon after capture and are not bred in captivity,” said Lechowicz. “Our captive bred indigo snakes are from a long line of legally acquired and propagated stock (likely originating from various parts of the range) and are given away to conservation organizations as educational tools for lectures and displays pushing snake conservation.”

Before the projects, SCCF records indicated the last known indigo snake living on the islands was hit by a bicycle on the Indigo Trail (a trail named after the indigo snake) at the JN “Ding” Darling National Wildlife Refuge in February 1999. That snake died at CROW shortly after. SCCF officials tried surveys, trapping protocols and educational programs that sought verification and documentation of



Patient #16-3659 is healing from several abrasions and puncture wounds

photo by Kenny Howell

remaining snakes from island residents, but those measures failed.

Through partnership with the non-profit organization called the Orianne Society (an organization dedicated to the conservation of the eastern indigo snake), JNDDNWR, the Florida State Park system and volunteers collaborating with this research, there are currently 34 indigo snakes involved in the Pine Island Sound study from three islands. They are being pit-tagged and measured so a population estimate can be made and movements can be documented.

One of the pit-tagged snakes from 2013 – an adult male eastern indigo snake – was brought to CROW from Sanibel on

November 26. It was found with several abrasions and punctures over the majority of its body.

“Fortunately, the wounds are not life-threatening, and the snake will be released,” said CROW DVM intern Dr. Spencer Kehoe. “If it had not been rescued, the wounds would have most likely become infected in the wild which might have resulted in death. We believe the wounds are from a domestic animal such as a dog and not a predator just by the nature of the puncture wounds.”

CROW medical staff cleaned the snake’s wounds with saline and applied bandages to the affected areas. The

continued on page 26



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Heart Walk Organizer Sandy Teger, front left, is pictured with Kristi Lane, Beth Weigel, Phyllis Gibson, Al Hanser, Darryl Gordon and Gail Latino of The Sanibel Captiva Trust Company
photo courtesy Sanibel Captiva Trust Company

HeartWalk Series:

Trust Company Continues Its Support Of Heart Walk

submitted by Sandy Teger

The Sanibel Captiva Trust Company is a platinum sponsor of the Sanibel-Captiva Heart Walk. It's the American Heart Association's premier event for raising funds to save lives from the country's No. 1 and No. 5 killers – heart disease and stroke.

"We are proud to join the Heart Walk in its efforts to defeat heart disease and stroke by promoting physical activity and heart-healthy living," said Sanibel Captiva Trust Company Founder and Chairman Al Hanser, who has participated in the walk with his wife, Sally.

This is the fourth year for the Heart Walk, which has grown in participation since its inaugural year. Proceeds support the American Heart Association's lifesaving

continued on page 25

Book Signing

Amber Publishing, based in Fort Myers, has released its latest four-color book, *Florida's Crocodile: Biology and History of a Threatened Species*. The first public signing by author Charles LeBuff will be held at MacIntosh Books and Paper, located at 2330 Palm Ridge Road on December 14, from 11 a.m. to 2 p.m.

Meet LeBuff and have your copy autographed. The book is being released a month early, just in time for the holiday gift-giving season.

The illustrated book, written by retired Sanibel sea turtle biologist and long-time islander LeBuff, covers all aspects of the natural history of the American crocodile in Florida and fully discusses the species' history around Sanibel and Captiva. LeBuff authored two scientific papers on American crocodiles in 1957 before relocating to the island where he spent a 32-year career at JN "Ding" Darling National Wildlife Refuge.

Another scientific paper by him about the crocodile's range in Florida is scheduled for publication in the next issue of the *Bulletin* of the Florida Museum of Natural History.

According to LeBuff, "This book is the first of its kind. There is no other book that details the fascinating life history and distribution of the American crocodile in Florida. The writer of the book's Foreword, crocodile specialist Joseph Wasilewski, kindly compares my book to a classic book on the natural history of the American alligator that was written way back in 1935 and is still in print."✱✱

Citizens To Vote

Sanibel to decide whether they want the project to progress.

Councilman Marty Harrity then made a motion to approve the land acquisition resolution, which was seconded by Vice Mayor Mick Denham before being unanimously approved. Goss followed that by motioning to approve the bond resolution, also seconded by Denham. It was passed, 5 to 0.

"If we're in favor of this, the educational campaign will have to move forward like a tsunami," added Harrity.

According to Clark, who noted that information about the project is available online at www.SanibelCCP.org, explained that the working group will be launching a public information outreach. This will include "town hall" type meetings at various locations throughout the island, press releases distributed after each meeting and posted on the website along with other project-related news as it happens. Meetings with service organizations and other interested groups will also be scheduled.✱

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BIG ARTS Monday Night Film Series

The Fencer

by Di Saggau

The BIG ARTS Monday Night Movie for December 12 is *The Fencer*, a drama set during the Soviet occupation of Estonia. A young man, Endel Nelis, arrives in Haaapsalu, Estonia, in the early 1950s, having left Leningrad to escape the secret police. He finds work as a teacher and establishes a sports club for his students. Endel becomes a father figure to his students and starts teaching them his great passion, fencing. This causes a conflict with the school's principal, who is envious and starts investigating Endel's background. He attempts to get the community to ban fencing as an antiquated relic of a pre-communist era. When that fails, he pursues a far more dangerous tack.

The film is a fictional account drawn from the life of the legendary Estonia fencing master Endel Nelis. Under a cloud of suspicion and paranoia fostered by the postwar Soviet occupation, this well-acted, smoothly crafted drama tells a story of cross-generational bonding in the face of historical oppression. Endel's students include Jaan, an earnest, good-looking youth who's eager to learn. And the spirited young Marta, whose combination of inexperience and enthusiasm will inevitably pay off down the road. Endel is a demanding instructor and, before long, the students begin to learn and improve.

Endel learns to love the children and looks after them. Most are orphans as a



result of the Russian occupation. Fencing becomes a form of self-expression for the children, and Endel becomes their role model. The children want to take part in a national fencing tournament in Leningrad, and Endel must make a choice. Should he risk everything to take the children to Leningrad or put his safety first and disappoint them.

The suspense in the film juxtaposes Endel's fugitive status with the climactic competition. The team's performance is understood to be an individual as well as collective achievement, one that would not have come about without one man's ingenuity and determination. Moderator for the evening is Steve Oberbeck. The film runs 99 minutes.

Come early at 5:30 p.m. to enjoy the Film Society Annual Celebration in Phillips Gallery. It's an informative and fun-filled hour of getting to know more about the people behind the movies at BIG ARTS and to mix with other movie buffs.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein

From page 1

Paying Tribute

Sanibel lover, join us. The evening will begin with the screening of a classic Golden Age Hollywood film from Hal's favorite movie year, 1939. The film is the classic family-friendly, Western adventure comedy, *Destry Rides Again*, starring James Stewart and Marlene Dietrich. It is G-rated, so it's safe for all ages, including the grandkids.

The film runs 90 minutes. We are featuring 1939 prices, \$1 at the door,

the price of a first-run ticket in '39. We'll also have 1939 popcorn and candy inside the doors. Your joint hosts ask all of you who remember Hal, all of you who wish you had known him, and all of you who would love a Golden Age movie classic to join us. After the screening, everyone is invited to a wine and special goodies reception in Phillips Gallery where you can meet his family and also hear and tell tales about Hal that his friends will treasure for their lifetimes. Mark your calendars for this special event.✱

Film Society Celebration

by Di Saggau

Movie fans are invited to join the BIG ARTS Film Society for their annual celebration, to be held on Monday, December 12 beginning at 5:30 p.m. in Phillips Gallery prior to the Monday Night Film showing of *The Fencer* in Schein Hall. There will be food and drink, but most importantly, it's an opportunity for you to learn about all the BIG ARTS movie events.

Committee chair Visnja Gembicki will be there to greet everyone and explain how she goes about selecting movies for the Monday Night Film Series. Representatives from the Not-For-Monday-Night, The Critically Acclaimed Documentary Series, the Director Series and the Oscar Contender Series will also be on hand to say a few words.

"Movie Maven" T-shirts will be awarded to some of our moderators who lead the discussions after the Monday Night Movies. It's going to be an informative and fun-filled event and we look forward to seeing you there.✱

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Refuge Awards \$10,000 In School Conservation Education Grants



From left, DDWS Education Committee Chair Wendy Kindig, committee member Marilyn Kloosterman, Royal Palm Exceptional School teacher Julie Stephens, First Baptist Academy Violeta Lup, Robinson Littleton Elementary teacher Susie Hassett, Pelican Elementary teacher Colleen Taylor, North Fort Myers High teacher Greg Koza, South Fort Myers High teacher Rita Montague, Lehigh Elementary teacher Vanessa Clarke, and committee members Wendy Schnapp and Refuge Ranger Becky Larkins

photo courtesy DDWS

“Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) awarded \$10,000 in grants to conservation education-related projects at 10 different schools in Lee and Collier counties on November 22. Teachers submitted grant applications to the DDWS Environmental Education Committee by October 31. The committee chose awards based on need and relevance to conservation. Schools to which DDWS awarded grants this year include Estero High for its Recycling Program project, First Baptist Academy in Naples for its Greenhouse Effect project, Lehigh Acres Middle for its Friendship, Betrayal & Extinction, Another Normal Day in a Dystopian World project, Lehigh Elementary for its Back to Nature: Jump

into a Field Experience and Marine Ecology Research Aquarium projects, North Fort Myers High for its School Pond and Habitat Restoration project, Patriot Elementary in Cape Coral for its The Answer Is Blowing in the Wind project, Pelican Elementary in Cape Coral for its Celebrating Birds project, Robinson Littleton Elementary in Fort Myers for its Going Batty for Forests project, Royal Palm Exceptional in Fort Myers for its Conservation 911 project, and South Fort Myers High for its Marine Science in the Classroom project. “This is the 11th year the society has awarded these conservation teacher grants. The past three years we opened eligibility to a five-county area,” said Wendy Kindig, education committee chair. “To date, we have awarded nearly \$68,000 in teacher grants. We were so impressed by the great projects our teachers and their students imagined this year. The society is pleased to help the future of conservation stewards in this important way.” Grant recipients report back on their projects to the society and refuge, sending pictures and often thank-you notes from the students, upon completion in June 2017. In 2017, DDWS will again be awarding up to \$10,000 in teacher conservation grants for schools in Charlotte, Collier, Glades, Hendry, and Lee counties. The grants are funded by monies received from the DDWS Conservation Education Endowment Fund earmarked specifically for education by the late Kip Koss, grandson of Jay N. “Ding” Darling. For information on next year’s grants, contact Ranger Becky Larkins at 472-1100 ext. 237 or Kindig at wendykindig@aol.com, or visit dingdarlingsociety.org/articles/teacher-grants. Anyone interested in supporting conservation education at “Ding” Darling can visit dingdarlingsociety.org.*

Panel Discusses Water Quality On December 13

Water quality will be the focus of the next Captiva Community Panel meeting on Tuesday, December 13, beginning at 9 a.m. in the Cone Rooms (tentative) in Chadwicks Square at South Seas Island Resort. This meeting is open to all interested islanders and the public. Among the agenda items:

- A regional water quality update by

Rae Ann Wessel with the Sanibel-Captiva Conservation Foundation.

- Comments on federal water efforts by U.S. Rep. Francis Rooney (FL-19).
- An update on a proposed January 13 sea level rise symposium.
- An update on priority committees, including wastewater management, bike/pedestrian enhancements and others.
- Other business as necessary.

Public participation is invited and encouraged. The next meeting will tentatively be January 10. Contact Ken Gooderham at 489-2616 or visit www.captivacommunitypanel.com for more information.*

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From page 22

Heart Walk

research, education and advocacy programs, which have helped islanders survive a heart event and go on to lead healthy productive lives.

"The Heart Walk is about us and the future of our friends and neighbors," said organizer Sandy Teger. "We are grateful for the inspiring work and continued support of the Sanibel Captiva Trust Company."

The Sanibel Captiva Trust Company has been a strong supporter since the very first walk, an event for the whole family, including well-behaved pets. The walk is 5K but the community is encouraged to participate even if they choose to not take the whole walk. Activities begin at 1 p.m. Sunday, January 29 at Doc Ford's Rum Bar & Grille, at the corner of Tarpon Bay and Island Inn roads. The walk starts at 2 p.m.

To learn more or become a sponsor contact Kelly Goodwien at kelly.goodwien@heart.org, phone 495-4901 or visit www.SanibelCaptivaHeartWalk.org.

Shell Found



Emily Hinton

photo provided

Emily Hinton, visiting for Thanksgiving week from Reston, Virginia, found a junonia on November 23 while shelling at Bowman's Beach. "I was walking at low tide in about three feet of water and it was in a sandy flat," said Hinton. "First time to Sanibel, so this was super exciting."

Shells Found



From left: Miles, Dan, and Levi Priestley

photo by A. Ziehl

Dan, Miles and Levi Priestley found a junonia and an alphabet cone by beach access. A rolling in the surf. They are staying at nana's house on Rabbit Road. They found both of the shells within 10 minutes of each other on their second day of shelling.

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CARD OF THANKS

Chamber Thanks Luminary Sponsors, Attendees For Holiday Stroll

The 32nd annual Luminary Holiday Stroll, organized by the Sanibel & Captiva Islands Chamber of Commerce, was a success, thanks to the many sponsors and attendees. A beautiful December evening made for a charming holiday stroll and kickoff to the season.

"We have been organizing this event since its inaugural year and couldn't do it without the support of our beloved communities of Sanibel and Captiva," said Chamber President Ric Base. "We extend a great big thank you to everyone who helped make it a wonderful Holiday Stroll."

The Luminary is designed to be a festive kickoff to the holiday season with candle-lit paths leading to food, drink and an array of live entertainment. It has become a time for catching up with friends and making new ones.✴

American Legion Post 123

On Sunday, December 11, American Legion Post 123 will be serving barbeque ribs and chicken from 1 to 8 p.m. The cost runs \$12 to \$14. Also, live music with Dan Smyth will be featured between 5 and 8 p.m.

Wednesday, December 14 is the Legion's general meeting starting at 6 p.m.

On Sunday, December 18, Post 123 will offer a fish fry.

Every Monday is an 8-ball pool league at 5 p.m. Stop in and watch some good

shooting. On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The Ladies Auxiliary has shell ornaments available, great for holiday gifts.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome.

For more information, call 472-9979.✴

From page 21

Indigo Snake

approximately 7-foot, 5.75-pound indigo will continue to receive wound management until the wounds granulate in and skin sheds.

"The snake is currently receiving daily bandage changes and wound care treatment. Tissue is looking healthy and scabbing over well. Once the snake goes through a couple sheds it will then be released," Kehoe confirmed.

An eastern indigo snake, an offspring of the Pine Island Sound Eastern Indigo Snake Project, is now on exhibit at CROW. SCCF hatched a group of babies from that species in July 2015. CROW received a female from that litter in April 2016, and she is now a permanent resident at the clinic.

CROW Education Coordinator Rachel Rainbolt stated the captive-bred

snake is doing well. Partnerships like the one between SCCF and CROW aid in conservation and education efforts.

"People are usually afraid of snakes so having the eastern indigo snake as an animal ambassador has been a great introduction to reducing people's fears," Rainbolt said. "The snake makes people more comfortable once they learn it is non-venomous and docile in nature."

"Education is a core part of CROW's mission so it's rewarding to see people view snakes as beautiful wild creatures and not something fearful and threatening."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.✴



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Seahorse Chorale To Make Performance Debut



Under the direction of music educator Joey Giangreco, members of the Seahorse Chorale rehearse a song to be performed during their debut concerts on Thursday and Friday evenings at The Sanibel School

photos by Jeff Lysick

by Jeff Lysiak

The inaugural concerts by The Sanibel School's Seahorse Chorale singing group will take place on Thursday, December 8 and Friday, December 9 at 7 p.m. in the school's cafetorium.

Each evening, the 14-member chorale – comprised of sixth, seventh and eighth graders – will perform a 60-minute concert dubbed A Journey Through Music. The performance will feature four different genres of music:

- American Folk Songs and Spirituals
- World Music
- Songs from Musicals
- Popular Music

"All of the members of the group will have a solo or will be singing in a smaller group during the performance," said music educator Joey Giangreco. "That way, each member will get some special attention, and that will allow them to work on their own vocal technique."

According to Giangreco, the chorale class is being offered for the first time this academic year as an elective for middle school students.

During rehearsals for the upcoming concerts last week, several members of the group appeared excited to perform in front of their fellow students as well as their parents, siblings, family and friends.

"I joined because I really like singing and I thought Mr. G would help me improve... which he has," said sixth grader Camryn Peach. "We have a lot of fun in the class, like when he lets us do some acting and improv, too."

"I've been wanting to sing with a group, so I thought the class would give me that opportunity," added seventh grader Johnny Jensen, whose musical talents include playing the guitar and drums. "I enjoy it because you're working together as a team, like in sports."

While Giangreco hopes the lineup of songs will impress each evening's audience, he didn't reveal the tunes that will be a part of the performance... although he did mention that there would be some favorites from Broadway shows such as *Les Miserables* and Disney's *The Lion King* included.

Other students remarked what they've learned thus far during their chorale classes.

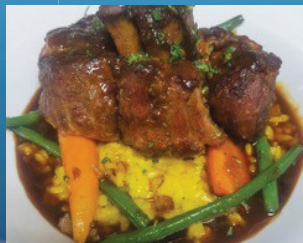
"I've learned how important it is to have a good balance in a group," said Arabella Arado, an eighth grader. "I've always liked performing and have enjoyed musical theater."

Seventh grader Kenny Kouril agreed, adding, "I've always kinda liked singing, but I would only do it in the car or listening to the radio. Now, it's fun getting up on stage and singing with the group. When we're all singing together, it sounds really good."

In addition to the Seahorse Chorale, The Sanibel School's Steel Drum Band will perform as the opening act. Tickets for each show are \$5 for adults and free for students at The Sanibel School. All students must be accompanied by a parent. Funds raised will help to support the school's music department.✪

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Not-For-Monday-Night Series

The Look Of Silence

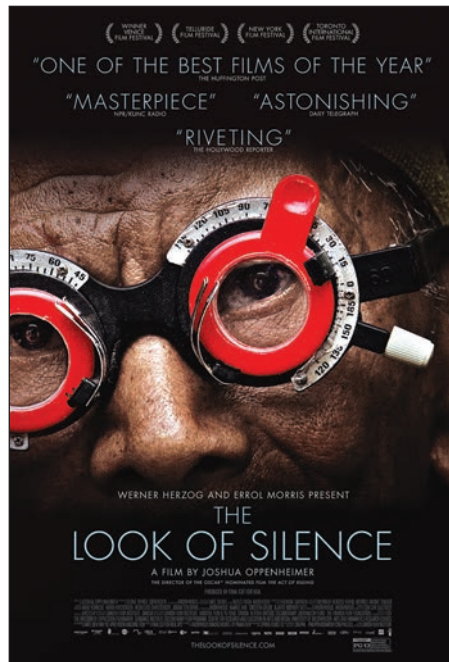
by Hyde Tucker

The BIG ARTS Not-For-Monday-Night Movie for Wednesday, December 14, is *The Look of Silence* by director Joshua Oppenheimer. Through footage

of perpetrators of the 1965 Indonesian genocide, a family of survivors discovers how their son was murdered, as well as the identities of the killers.

The documentary focuses on the youngest son named Adi, a quiet spoken, fortysomething ophthalmologist who decides to break the suffocating spell of submission and terror by doing something unimaginable in a society where the murderers remain in power and make it clear that such a slaughter could easily be repeated. He confronts the men who killed his brother and, while testing their eyesight, asks them to accept responsibility for their actions. They feel little or no regret for their actions.

Adi's dignity and calm is remarkable. His parents appear on camera, both over 100 years old, his father blind and Adi's poor, stooped mother dedicated



to looking after him. It is as if they are cursed to live forever with their pain. For half a century, survivors have lived among those responsible for the deaths of their loved ones. Political authorities, neighbors, even relatives and friends have blood on their hands. *The Look of Silence* will be shown Wednesday, December 14 at 12:30 p.m. at Island Cinema. It runs 103 minutes and will be followed by a discussion. Tickets, \$5 for members of BIG ARTS, \$6 for non-members, are available at the cinema, located in Bailey's Shopping Center and at BIG ARTS, 900 Dunlop Road.*

Cool Jazz, Hot Classical At BIG ARTS

Legendary pianist Dick Hyman is appearing on Saturday, December 10 at BIG ARTS Schein Hall, accompanied by Naples native and *Saturday Night Live* veteran saxophonist Lew Del Gatto and five more dynamite musicians, for a special night of some of the best jazz around.

Hyman is a prolific performer, having been credited on over 1,000 albums spanning his decades long career, whose spellbinding talent on the piano has earned him a respected position among fans of the genre and whose work has been featured in film scores and taken him across the country.

Sunday, December 11 brings the

engaging sounds of the Intersection Trio to BIG ARTS Schein Hall, appearing by arrangement with General Arts Touring, Inc. Soulful expression, instrumental virtuosity, playful banter – these are the hallmarks of an Intersection event, in which the realms of concert and popular music are seamlessly dovetailed. Featuring violin, cello, their unique sound puts a fresh face on old standards with an irresistible blend of classical, jazz, Latin and Broadway and is sure to impress with original compositions and inimitable arrangements.

Visit www.BIGARTS.org to learn more about these engaging events and to purchase tickets. Tickets can also be purchased by calling 395-0900.*

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with the LEW DEL
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December 11
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They Left Us Everything



by Di Saggau

A friend of mine on Sanibel recently gave me a book her bookclub had discussed in West Virginia during the summer. It's *They Left Us Everything*, a memoir by Plum Johnson, a Canadian author. What a delightful read. It's funny and it's heart-wrenching, a meditation on aging, grief and our responsibilities to family. I could relate to so many episodes in the book because a few years ago, along with my siblings, we went through our mother's "treasures" in much the same way Plum's siblings did. I am the oldest

of five, as is Plum, and like her, I also lost a brother, so it was easy for me to relate with her.

After almost 20 years of caring for elderly parents, first for their senile father, and then for their cantankerous 93-year-old mother, Plum and her three younger brothers have conflicted feelings of grief and relief. When it comes time to empty and sell the beloved family home, 23 rooms bulging with history, antiques and oxygen tanks, Plum thinks, "How tough will that be? I know how to buy garbage bags."

Plum had planned to spend six months untangling the many scraps of paper left in pockets, family photos and everything else that was left behind after her mother died. Instead, she spent 16 months separating trash from treasure accumulated during mum and dad's combined lifetimes of more than 180 years. Dad had preceded mum in death.

I was sure that the message of the book, judging from the title, would be

for parents to clean up their own mess before they depart this world. Just the opposite. Plum says wait until your children are old enough to appreciate it and then leave them everything.


We learn about her siblings, her parents and other family members. Mum, in her younger days, was an advertising copywriter for Macy's, coming up with phrases like, "Dress for one man, not for many," and, "Live on a budget but look as if you didn't." Dad was in the military serving, among other places, in India and Burma.

Plum struggled in her relationship with her mother. Through her mother's letters, she learns about her parents' life together, the good and the bad. She gains a greater insight as to what her mother was really like. She even discovers a letter her mother wrote to her but never gave her. She found it while going through things, and the letter brought tears of joy. The crankiness she experienced with her mum during her final years recedes from her memory and she gains more empathy and understanding. She sees now that old people are simply young people locked in aging bodies.

I loved the way for 20 years, she and her brothers would get together two or three times a year for group therapy. During their "Sibling Suppers," they would discuss mum and dad with good food, the best wine and laughter that lasted all night. What a great idea.

There is a lot of humor in the book. I loved the section talking about how, as children, if they misbehaved at the

They
Left
Us
Everything



Plum
Johnson

A Memoir

dinner table, they were told to stand in the corner of the kitchen where they would pick at the wallpaper. Years later, as they empty the house, they discover that the leafy green toile of red-coated fisherman casting their flies over rivers, shows that halfway up the wall, all the fishing rods have their tips picked off. *They Left Us Everything* is a warm, heartfelt memoir.*

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School Smart



by Shelley M. Gregg, NCSP

Dear Shelley,
My son is in middle school now, and I'm having difficulty getting any information from him about his day at school, what happened and so forth. I know that both good and some bad things are happening, yet I don't want to grill or nag him with incessant questions. Any ideas on how to make him more talkative?

Serena T., Fort Myers

Serena,

You are experiencing a very common problem – teenagers tend to talk less with their parents when asked to converse “on demand.” In reality, teenagers want to converse with their parents but often in a different setting or different format and usually on their terms.

Elena Aquilar, a teacher, coach and leader in education, has some recommendations for parents on this concern. She wants parents to observe the situation and understand how and when they ask their kids questions. She says that parents should ask during a time when they have the ability to focus so that their child feels they have your full attention. Once you get an understanding of when the optimal time for questions is, (for many parents it seems to be in the car and at dinner) don't pepper them with tons of questions, ask just a couple and let them talk. After a while, you'll figure out which questions elicit the most meaningful responses. Aquilar's suggestions for questions that will work with most age groups, perhaps with some wording modifications, are as follows:

1. Tell me about a moment today when you felt excited about what you were learning.

2. Tell me about a moment in class when you felt confused.

3. Think about what you learned and did in school today. What's something you'd like to know more about? What's a question you have that came from your learning today?

4. Were there any moments today when you felt worried? When you felt scared?

5. Were there any times today when you felt disrespected by anyone? Tell me about those moments.

6. Were there times today when you felt that one of your classmates demonstrated care for you?

7. Were there any moments today when you felt proud of yourself?

8. Tell me about a conversation you had with a classmate or friend that you enjoyed.

9. What was challenging about your day?

10. What do you appreciate about your day?

11. What did you learn about yourself today?

12. Is there anything that you'd like to talk about that I might be able to help you figure out?

13. Is there anything you're worried about?

14. What are you looking forward to tomorrow?

15. Is there a question you wish I'd ask you about your day?

She also has some excellent suggestions, listed below, for parents in regard to their communication style and intentions. These are particularly useful for expanding your conversations and getting a true picture of how your child is feeling as well as what they're doing.

- Don't interrupt. This is a good rule for any conversation, but especially if you want to get a lot of information out of a kid.

- Ask for more. Simply say, “I'd love to hear more about that...” Or, “Can you expand on that a little?”

- Ask about feelings. After a child describes an experience, ask, “How did you feel in that moment? What did you notice about your feelings?”

- Validate feelings. Whatever your kid feels is normal and OK. Let them know that. Feelings are OK. Tell them this.

- Tell them it's not OK for teachers or kids to be unkind or mean. If they tell you a story about a teacher who yelled or disrespected them (regardless of what they said or did), let them know that it's not OK for an adult to treat them that way. Same goes for how they are treated by other children.

- Thank them for sharing with you. Always appreciate their honesty and willingness to share the highlights and bright spots, as well as the difficult moments. This will fuel their confidence in telling you more.

By following these excellent ideas, you can help improve the conversations

between you and your child to be more meaningful, positive and powerful.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

A Lighthouse Lullaby

by Tanya Hochschild

A winter storm burgles through cracks in the window;

finds itself pinned in the room.
Rain falls in pursuit down the thatch
pops like bullets on the linoleum floor.

The lighthouse foghorn moans its vigil
Its searchlight prowls our room,
in the corner, the fridge sighs.

The comforted baby
blissful under the blanket,
lies with her thumb in her mouth
all plugged in for sleep.

Tanya Hochschild is member of a Sanibel Writers Group, has participated in ArtPoems and Writer's Reads on the island, and had two books published.*

Author Donates Book To Library

Sanibel author George Wilgus III has donated his legal thriller, *The Gyroscope of Guilt* to the Sanibel Public Library for patrons to borrow.

Wilgus is the co-author of *The Layman's Guide to Legal Survival*. A former assistant prosecutor, he is a certified civil trial lawyer with over 40 years of trying cases before juries in state and federal courts. He has represented numerous manufacturers, insurance carriers, professionals, municipalities, police departments, school districts and individuals in all types of civil litigation. Wilgus is a graduate of Princeton University and the National Law Center at George Washington University.

In *The Gyroscope of Guilt*, a well-respected Princeton trial lawyer is compelled to defend an anesthesiologist accused of murdering her husband. Is the accused a victim of a monstrous pharmaceutical plot or a killer out



Cathy Cameron of Sanibel Public Library with author George Wilgus and his donated book photo courtesy Sanibel Public Library

for revenge? A photojournalist on assignment in Vienna and a Munich art dealer may hold the answer. Laden with history, law, forensics and courtroom psychology, *The Gyroscope of Guilt* keeps you guessing until its conclusion.

The library is located at 770 Dunlop Road. For more information, call 472-2483 or visit www.sanlib.org.*

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Highlights Of 2016 Luminary Stroll Across Sanibel



The Sanibel Community Chorus performed holiday favorites like *Sleigh Ride* and *The Little Drummer Boy* during last Friday's Luminary Stroll at the Sanibel Historical Museum & Village

photo by Jeff Lysiak

more photos pages 14B and 15B



Participants examine a live horse conch during a Sanibel Sea School program

photo courtesy Sanibel Sea School

Sea School Launches New Resort Partnership

In January 2017, Sanibel Sea School will introduce a new program designed to help area resorts offer marine-based educational opportunities to their guests. The nonprofit's marine educators will provide the unique ocean outings they are known for at remote locations throughout Sanibel, Captiva and Fort Myers Beach on a

continued on page 3B

New Series Kicks Off With Acclaimed Photographer



Award-winning photographer Clyde Butcher to present at SCCF's Bailey Homestead Preserve

photo by Alexis Horn

SCCF kicks off its new program series Evenings at the Homestead on Wednesday, December 14 with acclaimed environmental photographer Clyde Butcher. Event tickets are \$10 and can be purchased at www.sccf.org or by calling 472-2329.

The program will take place at SCCF's Bailey Homestead Pavilion, located at 1300

continued on page 20B



American oystercatcher

photos courtesy Sanibel-Captiva Audubon



Great blue heron

Christmas Bird Count December 17

Sanibel-Captiva Audubon will conduct its annual Christmas Bird Count (CBC) on Saturday, December 17. The results of the local count will be forwarded to the National Audubon Society for inclusion in the 117th National Christmas Bird Count.

More than 50,000 observers participate each year in this census of early-winter bird populations. The results of their efforts are compiled into the longest running database

continued on page 21B



From left, Bank of the Islands' Vicky Bowers, Natacha St. Sauveur, Willy Ocasio and Szilvia Wiebe with the Angel Tree photo courtesy BOTI

Donations Needed For Angel Tree

Bank of the Islands (BOTI) is asking its customers and island neighbors to contribute unwrapped Christmas gifts for needy children in the community. All islanders are invited to choose an ornament from the Angel Tree in the bank's Sanibel branch lobby. Each ornament will indicate the age of a boy or girl hoping to receive a gift this holiday season.

"We're so happy to be partnering again with Friends Who Care on this special holiday gift drive," said Bank of the Islands Sanibel/Captiva office manager Willy Ocasio. "They have been quietly helping neighbors in need for more than 30 years."

Friends Who Care will be starting the gift-wrapping of collected gifts on Saturday, December 17. Bank of the Islands invites customers and neighbors to drop off their gifts to the Sanibel bank lobby located at 1699 Periwinkle Way any time up to Friday, December 16.

For more information, call 472-7211.*

Neighbors Club Final Rally



Rick and Carol Nottage photo courtesy Sanibel Captiva Neighbors Club

The Sanibel Captiva Neighbors Club held its final rally of the year on November 30 at Charley's Cabana at Sanibel Harbour Marriott Resort.

The club raised \$55 for the "Ding" Darling Wildlife Society in the 50/50 raffle. Member Myra Roberts donated prints of her recent paintings for a value of \$240 toward the raffle prizes.

To join the club, visit Hollie's Boutique, located at 1571 Periwinkle Way on Sanibel or go to SanibelNeighborsClub.com.*

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Bailey's Sponsors Mardi Gras Party



From left, the Johnson family, Richard, Calli, Dane, Baillie and Mead, show their Mardi Gras spirit in Bailey's Center lot in front of their antique truck photo courtesy CHR

A trio of businesses owned and operated by the Johnson family are showing their support for Community Housing and Resources (CHR) in a big way. The generosity is three-fold as long-time Sanibel establishments Bailey's General Store, Sanibel Catering Company and Bailey's TrueValue Hardware Store have all signed on as \$5,000 Fat Tuesday sponsors of the 2017 Mardi Gras event.

"The entire Bailey's family has been some of the most important supporters of affordable workforce housing on Sanibel for a long time," said Arlene Dillon, Mardi Gras co-chair. "We are so happy that once again Richard, his family and their businesses have stepped up to be major sponsors of Mardi Gras."

Running this trifecta of island businesses is a family affair and now, so is supporting CHR. Bailey's owner/manager Richard Johnson has served as CHR board president since 2010 and the entire family gives their time and resources in various ways each year. Daughters Baillie and Calli work in the family businesses, and they have embraced the Johnson family sense of philanthropy and volunteer on multiple Mardi Gras planning committees.

"Community Housing and Resources is an integral part of our community, providing workforce housing to island workers and their families," said Johnson. "Through this organization we are better prepared to support our community, our guests and the place we all call home. As an island resident, business owner and part of a founding family, we support the benefits and diversity that CHR provides."

Other island businesses are invited to become a sponsor. This year's Mardi Gras, coming up on February 11 at The Dunes, will feature food and drinks, music and dancing, the much-anticipated island celebrity swim relay, a bourbon tasting lounge and much more.

Sponsorship and ticket information can be found at www.sanibelchr.org/mardigras.✱

From page 1B

Resort Partnership

regular schedule, and will work closely with resort management to develop offerings that are right for each location's clientele.

"Many people visit this region because they want to experience and learn about our nature," said Dr. Bruce Neill, executive director of Sanibel Sea School, "but it can be challenging for hotels to employ a quality team of teachers to meet this demand. Our educators are experienced, passionate and knowledgeable, and we can provide the perfect solution to offer their visitors an outstanding ocean learning amenity."

As part of this transition, Sanibel Sea School will close the satellite campus it has operated for six years at South Seas Island Resort. The nonprofit will continue to offer ocean learning opportunities to South Seas guests as part of their new resort program, but will no longer operate a physical campus on the property.

"Our relationship with South Seas has been very productive, and we look forward to a robust future at the resort, but as we grow, we are continuously seeking better ways to offer quality education to promote marine conservation," said Neill. "At Sanibel Sea School, we not only evaluate

return on investment, we also pay very close attention to what we call return on mission."

The school has been able to help over 10,000 people more thoroughly understand and appreciate the ocean at South Seas since 2006, and Neill believes there is potential to reach even more visitors after the new resort partnership program is launched.

The school will continue to operate its satellite campus at the Sundial Resort and Spa as an exclusive resort partnership featuring an on-property classroom, and will continue all of the existing programming currently offered at its flagship campus on the east end of Sanibel Island, including day programs for kids, seasonal adult programs and summer camps.

"The business of marine conservation is a tricky one, and we must continue to adapt and evolve in order to be a viable nonprofit, capable of delivering excellent educational opportunities that promote marine stewardship and enhance the community," said Neill. "We are driven to improve what we do, and to try to reach as many people as possible. Right now, we see this as the most promising route forward."

To learn more, visit www.sanibelseaschool.org or call 472-8585.✱

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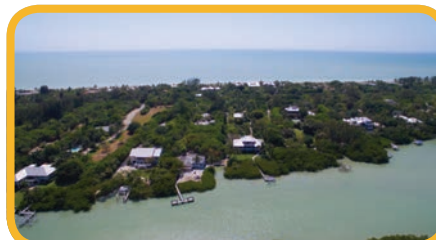
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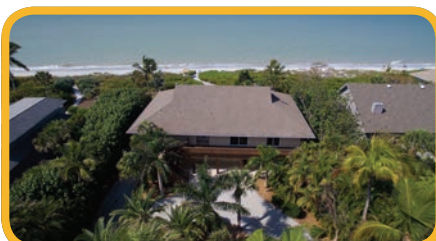
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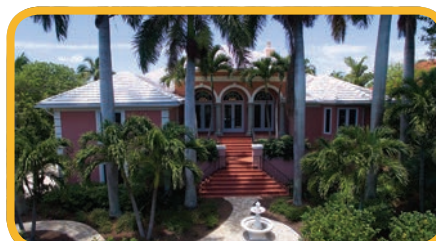
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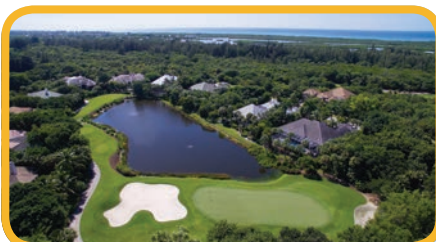
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Rotary Welcomes New Members



From left, Eldon Bohrofen, Charlie Emerson, EJ Neafsey, Clair Beckman and John Anderson Schwandke
photos courtesy Sanibel-Captiva Rotary Club

The Sanibel-Captiva Rotary Club welcomed four new members this month. John Clark and Walter Jones joined as new members of Rotary International, and Clair Beckman and John Anderson Schwandke, continuing members of Rotary International, have transferred their memberships from up north to Sanibel-Captiva Rotary.

Club President Charlie Emerson, Membership Chair Eldon Bohrofen and Membership Committee member EJ Neafsey conducted the induction ceremony with a formal introduction of what it means to be a Rotarian. Bohrofen put in perspective the scope of Rotary International's dedication to humanitarian efforts around the globe, serving local, national and international communities.

Neafsey introduced the new members by reading a short biography of each.

John Clark, classification – project management, civil engineer – club sponsors – Roger Triftshauser and John Danner. Clark spent 40 years in the railroad industry with CSX Transportation, the country's second largest rail system, operating in 17 states and two Canadian provinces in prominent managerial positions. He served on the board of directors of the American Railway Engineering Association, as committee and sub committee chairs with the Association of American Railroads, and in the Florida Grade



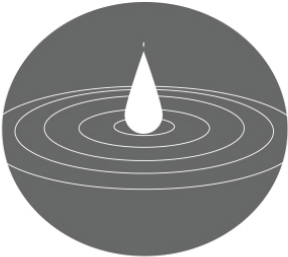
From left, Eldon Bohrofen, Charlie Emerson, EJ Neafsey, Walter Jones, Lee Almas, John Danner and John Clark

Crossing Safety & Security Study Commission, among others. In retirement, he remains involved in railroad engineering standards and safety matters with local and nation conservation organizations.

Walter Jones, classification – retired Air Force – club sponsor – Lee Almas. Jones enlisted in the Air Force in 1964 at the beginning of the Vietnam escalation and retired in 1984. He then continued working for the government with contract work for the U.S. Army until he was injured in Afghanistan. He retired again in 2008. His focus of work-related assignments is communications and intel.

Clair Beckman, classification – commercial banking – transferring from Coal Creek Rotary Club in Colorado. Beckman is well known to most San-Cap Rotarians as one of the most energized Rotary snowbirds. She continues to live out the club's motto "service above self" by giving her time, talent and treasures to island non-profits. Beckman's background includes regional president of Bank One in Boulder, and has served on the board of nine organizations: Boulder Community Foundation, Boulder Chamber of Commerce, Boulder Economic Council, Women's Foundation of Colorado, Coal Creek Rotary Club, Image Foundation, Louisville Senior Foundation, Foundation for Boulder Valley Schools and Hospice of Boulder County. She has been active in another 16 civic and professional groups.

John Anderson Schwandke, classification – retired from radio broadcasting – transfer from Rotary Club of Chicago Financial District. Offices recently held by Anderson in Rotary: PP – Rotary Chicago 2015-16; Board Director Chicago 2013-15; Rotary Awards – three times Paul Harris Fellow, Honorary PH, Benefactor and Sustaining PH.*



THE ISLAND WATER ASSOCIATION, INC

It is election time at IWA again, and next year three seats on our Board of Directors will be up for election. The seats are currently held by Paul E. Garvey, Jim Griffith and Lewis Garrett Dutton Jr. Mr. Garvey is running for his 3rd term, and Mr. Griffith and Mr. Dutton are completing their 3rd and final terms.

IWA is governed by a five member Board of Directors who serve without pay. Directors must be residents of Sanibel or Captiva, so that they can attend all Board meetings, and must be IWA Members or an official representative of a condominium or other IWA Corporate Member. Directors must have no conflict of interest, including but not limited to, active involvement in an enterprise which could potentially do business with IWA or which could benefit from involvement with IWA.

Meetings are normally held on the fourth Tuesday of every month. Directors are elected by the Membership at IWA's Annual Meeting to be held in April. Anyone who would like to run for one of the open seats should contact our Board Recording Secretary, Beau Stanley, at (239) 472-2113 (extension 114) or by e-mail at beau@islandwater.com by **no later than January 6, 2017.** Background checks are required on all Board candidates.

Democratic Club Holds Holiday Party

The Democratic Club of the Islands will celebrate the holidays with a party on Thursday, December 15 at the Blue Coyote Supper Club, located at 1100 Par View Drive on Sanibel.

Members and friends will gather at 6 p.m. for a cocktail hour and reception. Dinner begins at 7 p.m.

The three-course plated dinner includes entrée choices of: coyote pork chop with panko rosemary crusted house potato; grilled fillet of beef tenderloin with fresh

seasonal vegetables; fresh catch of the day with vegetable couscous; or vegetarian selection on request. Dessert choices include: apple crisp, bread pudding, key lime pie or Norman Love cookie.

The cost is \$50 per person, including tax and gratuity, payable by check to DCI by December 11. Mail to DCI, P.O. Box 898, Sanibel, FL 33957. The reservation form can be downloaded by emailing demclubislands@gmail.com. Include all attendees' names with their dinner choices clearly indicated. Cash bar begins at 6 p.m. Seating is limited.

The evening is open to all wishing to become involved in Democratic issues. For more information, visit islanddems.org or call 395-9078.*

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Master Gardeners Tour RS Walsh Property



Bob Walsh, right, leading a tour of the Master Gardeners of Sanibel and Captiva through the R.S. Walsh Landscaping's Garden Center on December 1 photos by Jeff Lysiak



A huge attalea palm dwarfs the tour group as Bob Walsh described the plant's characteristics by Jeff Lysiak

Last Thursday morning, the Master Gardeners of Sanibel and Captiva received a personal tour of RS Walsh Landscaping's In The Garden outdoor showroom, which features native

and tropical plants, pottery, fountains, unique outdoor seating areas, garden accessories and gifts. Bob Walsh, owner and founder of the landscaping and design business, began his interest in the industry at a young age, learning how to graft



Bob Walsh chatting with Master Gardener Dr. Phillip Marks



Bob Walsh leading the group through the In The Garden property

gardenias when he was 10 years old. His parents were Mississippi farmers, with his father later serving with the state's Department of Agriculture. The Walsh nursery has been in business since 1983, with the family – including Bob, wife Lisa and sons Jason and Jeremy – involved in the day-to-day operations of the facility. Constructed in 2010, Walsh's In The Garden Center – located at 3889 Sanibel Captiva Road (across the street from The Sanibel School) – was constructed in 2010. "It's been nice to see the garden develop over the years," said Bob Walsh, who credited Lisa as being the 'guiding light' of the business. "This

property is constantly changing... we're always exploring new ideas and learning, too. If you're not constantly learning or looking at improving things, then you're falling behind." According to group leader Dr. Phillip Marks, the Master Gardeners was the first group to tour the In The Garden center six years ago. "It was great back then, but it's even more wonderful now," said Marks. "One of the things that I like most is that if you see a specimen species that you like here, you can buy it." During the hour-long tour of the property, Walsh led the group throughout the outdoor showroom and



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Bob Walsh with a thatch palm, featured in the Rare Palm Garden



Entrance to the Asian Garden display area



This ribbon palm is a unique treasure located near the front of the property

gift shop, pointing out some of the featured plants, how best to grow and display them, and the amount of work it takes to create a beautiful landscape.

Strolling through the gardens, the group visited a wetland area used as a filtering marsh, saw several species of palm trees, including a date palm, triangle palm, coconut palm, seashore palm, attalea palm, thatch palm and the uniquely twisted ribbon palm. According to Walsh, low levels of boron caused the ribbon palm to bend awkwardly during its early development.

"People always ask me, 'How did you get that tree to grow like that?' I tell them 'God did that,'" he told the group. "I used to have a 'for sale' price on that tree, but after a while, I thought I've just got to have that palm here."

Along the way, Walsh pointed out some of the outdoor lighting fixtures that are compliant with Sanibel's Dark Skies Ordinance, which will become fully effective in 2018.

Also featured within the property are an Asian Garden, Rare Palm Garden, Butterfly Garden, Bromeliad Garden, Tortoise Foraging Area and Pottery Patch.

"Not only are they (the Walsh family and their employees) experts on native plants, but they give you a maintenance plan that will help those plants survive and thrive," added Marks.*

Book Signing

Renowned island artist Myra Roberts will hold a book signing on Tuesday, December 13 from 4 to 5 p.m. at the Sandbar Restaurant, located at 2761 West Gulf Drive. The name of her book is *The Retro Art of Myra Roberts*.

Roberts' paintings can be found in private and public collections across the United States and Europe, including those of Hillary Clinton, Robert Rauschenberg and Myra Janco Daniels. Her paintings have appeared on numerous magazine covers. She was chosen as the WGPU Maker 2016 for her social commentary art exhibitions and seminars that she presents at galleries, universities and schools around the U.S.

Many of Roberts' paintings will be displayed at the book signing, including her newest original oil painting, *A Peek at the Unique*. This enchanting painting depicts one of Roberts' signature mermaids admiring the unique homes of the islands and the seas. Roberts created this work to celebrate the annual Peek at the Unique Tour of Island Homes sponsored by The Zonta Club of Sanibel-Captiva, Inc. and The Zonta Foundation of Southwest Florida, Inc. A reproduction of the painting will grace



Picture of *A Peek at the Unique* painting image provided

the cover of Zonta's March 11, 2017 Peek at the Unique tour program guide. The painting will be offered for sale, and Roberts will donate 60 percent of the sale proceeds to the Zonta Foundation of Southwest Florida, Inc., part of a global organization of professionals empowering women worldwide through service and advocacy.*

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Superior Interiors

Is Your Room Visually Balanced?



by Marcia Feeney

Have you ever walked into a room that seemed to tilt to one side even though the floor was perfectly level? Having had the opportunity to work with many, many

clients through the years, I've seen this situation often. The problem is simply one of visual weight. Did you know that your eyes assign greater weight to objects that are large and have a high degree of tone or color contrast? And conversely, our eyes seem to give small objects or objects with little tone contrast less weight or impact.

And have you ever noticed that some parts of an empty room appear heavier than others because of the architectural features in those parts of the room? For example, a fireplace, doorway, window, built-in bookshelf or a dark-paneled wall will look heavier than an unbroken

expanse of wall in a pale color. And in the same way, a dramatic window treatment will look heavier than a softly subdued window treatment.

When planning the placement of furniture in your rooms, keep in mind the visual weight of the pieces you own. Groups with larger pieces and individual large pieces should be placed first. Smaller furniture pieces can then be easily used to fill in the room, each one selected and placed to create visual balance with all others.

And as you begin arranging your furniture pieces, you will also need to be looking for a place to establish a focal point or center of interest. A focal point could be a structural element such as a fireplace – a tall piece of furniture or even a window treatment. Once you decide on your focal point, try your best to call attention to it as your place your furniture.

Above all, it's important to arrange your furnishings in such a way that you achieve visual balance in each room. Of course, being a professional decorator, I have been trained in how to help my clients achieve attractive visual balance in each room in their home. So why not think about doing it right the first time by calling in a professional?

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coincdecden.com.✱

BeautifulLife:

Your Best Shot



by Kay Casperson

What are you focused on? Are you capturing the good times?

There are many inspirational sayings on the wall of my office but one of my favorites is: Life is like a camera...focus on what's important, capture the good times, develop from the negatives, and if things don't work out, take another shot.

At this time of year it seems that there are always so many pictures being taken and, of course, we all want to take our best shots to look back on and to remember. The great thing about pictures is that we can always take another shot. We need to also remember this for our lives in general. We are always moving forward but also have fun looking back...if it is a positive

moment. The good thing about pictures is that we only capture the moments in photos that are happy. The camera doesn't come out for the times that we struggle or have pain. What is important though is that we take those times and develop positive things from them, focus on the life lessons and get ready to take another good shot towards happiness, love and self growth.

A few great affirmations for you to focus on are:

- I am focused on things that bring happiness to my life
- I will capture the moments that bring me love, laughter and peace
- I learn from my experiences and can always take another shot

Beauty and lifestyle expert Kay Casperson lives on Sanibel with her husband, two daughters and dogs. She produces her own inspirational collections of skincare, cosmetics, wellness, apparel and accessories, and operates four Lifestyle Spa & Boutique locations in Southwest Florida and Orlando. Learn more at kaycasperson.com.✱

Top 10 Books On The Island

1. *The Book of Joy* by Desmond Tutu and the Dalai Lama
2. *Heart of the Sanibel Sunset Detective* by Ron Base
3. *Remarkable Women of Sanibel & Captiva* by Jeri Magg
4. *To Have and Have Another* by Phillip Greene
5. *A Man Called Ove* by Fredrik Backman
6. *Sanibel Flats* by Randy Wayne White
7. *Gyroscope of Guilt* by George Wilgus
8. *Seduced* by Randy Wayne White
9. *A Gift From the Sea* by Anne Morrow Lindbergh
10. *Low Country Heart* by Pat Conroy

Courtesy of MacIntosh Books and Paper.✱

Our email address is press@islandsunnews.com

Buying, Selling or just want to chat... Talk to Chuck!

3790 West Gulf Dr.



Fabulous renovation and quality of this 3 BR/2-1/2 BA w/office elevated home with enclosed deck overlooking the over-sized salt water pool!

\$1,600,000

Loggerhead Cay #434



Exceptional top floor 2 BR/2 BA remodeled unit located on the Island's East End. Nicely furnished. Great rent income!

\$639,000

Pointe Santo C36



2 BR, 2 BA with great GULF views...! Silestone counters, new tile, upgraded kitchen/baths. On site Mgmt. AMENITIES! Excellent rental income.

\$875,000

4155 Dingman Drive



SHORT SALE OPPORTUNITY! 3 BR/3 BA on approx. 1 acre on private cul-de-sac. In need of imagination/renovation. Walk to beach!

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3099 Cussell Dr. (Pine Island)



Build on this large corner, canal front lot with sea wall. Direct gulf access in minutes. Room to build 40 ft. dock.

\$235,000

Sandalfort 4C3



GULF VIEWS! Steps to beach. Furnished 2 BR, 2 BA top floor unit. Pool, tennis, on site Mgmt.

\$669,000

9247 Dimmick Drive



Nicely renovated 3 BR/2 BA pool home with art studio. Double lot overlooks conservation lands.

\$629,000

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West Gulf Dr Condo With Income
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Sundial East Resort Condo
Top-floor corner 2 bedroom with den. Granite counter-tops, stainless steel appliances & more. \$799,000



3rd Sleeping Area Adds Income
Upper floor Coquina Beach units have high ceilings & upper loft. This loft has gulf peek too. \$499,000



Residential 3 Bedroom Condo
Easy access ground-level unit with bay views, just 29 steps to beach on convenient east-end. \$649,000



Gulf Views From Every Window
Nutmeg Village penthouse with enclosed balcony expanding living space. Remodeled kitchen. \$799,000



Super Income Producer
Loggerhead Cay top-floor gulf-view condo grossing ~\$60K/year. Future bookings convey. \$598,300



Investment Opportunity
Guaranteed-income program at Casa Ybel Resort. Beach-front condo grossing \$90K+/yr. \$624,900



Cottontail Cottage
Fully-equipped near-beach 3-bedroom home with rentals. Gulf access at end of street. \$548,000



Nature Lovers' Delight
Spacious piling home with elevator, fireplace, great room & family room, plus den & 4 bedrooms. \$799,000



Build Your Island Home Here
Privacy plus. ~170'x155' - on back circle in Gumbo Limbo, next to preserved land. \$299,000



A Condo For Your Boat
2nd floor 2 bedroom 2 bath with pool to bay view. Steps to community boat docks & fishing pier. \$449,000



Resort-Style Condo
Whimsical décor, 3rd floor Pointe Santo looking over tropical lagoon to gulf. Grosses \$40K+/yr. \$599,000



Southern Exposure Lake Front
Split-plan near-beach home with elevator, new kitchen, large pool, & lots of entertaining space. \$949,000



Low-Density East-End Complex
Recently updated 2 bedroom with this view & rental income too. Pet-friendly for owners. \$799,000



Top-Floor Looking Out to Gulf
2 bedroom with den recently updated & beautifully furnished, excellent income too. \$899,000



Unique Luxury at High Tide
Just 2 condos in this building, each spans entire floor. #C101 is 2600 sq. ft. with gulf view. \$1,195,000



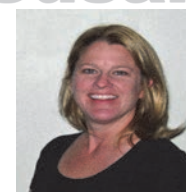
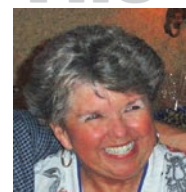
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Gulf-view 2nd floor 2 bedroom at Sunset South with garage & large private storeroom. \$599,000

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SanibelSusan.com

Will Power

Christmas Break Circa 1975



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

I have fond memories when growing up of my parents piling us all into the family station wagon to drive from our Indianapolis home to visit grandma and grandpa in Florida over the holidays. We'd wake up to be on the road by 4 a.m. so as to make it to southern Georgia by nightfall.

My family didn't have much money, so we never flew in an airplane. Besides, air travel was more expensive relative to incomes then. But I enjoyed the long car trip. After crossing the Ohio River and having a sleepy breakfast at a Waffle House, my sister and I would count each of the ubiquitous "See Rock City" and "See Ruby Falls" signs as we approached Chattanooga.

They were on billboards, on the sides of barns and even on bird houses. We would boisterously call them out loud to see which of us could spot a sign first – which drove my parents crazy. "Stop it!" they'd yell in frustration after we surpassed our 300th sign.

Upon renting a room in a rather seedy Cordele, Georgia inn, my parents announced that we'd be waking up at 4 a.m. again the next morning so that we would make it to grandma and grandpa's house in time to enjoy the beach. Our Christmas break time was limited, so we wanted to squeeze everything in despite our long car travels. My sister and I moaned.

Since there weren't yet a lot of restaurant options along Interstate 75 then, we had dinner that evening at a Davis Brothers Cafeteria where the fare was fried this and fried that. I laughed out loud (causing my parents extreme embarrassment) when I noticed a waitress flirting with a Georgia State highway trooper in the adjacent booth, who, by his rotund appearance, looked like he was a frequent diner there.

The waitress was sitting on the trooper's lap while he used one of those little pencils one might use for golf scorekeeping to fill out his grease-stained comment card. "Woowooo-eeee!" he hollered. "This here food is dee-lishhhh-iss!" he exclaimed, before squinting at the card and frowning slightly. "Tell me sweetheart, how do ya'all spell dee-lish-ish?"

Back at the motel, it seemed that our heads had just hit the pillow when my father jumped up from his bed and turned all the lights on. "My goodness!" he cried out, "it's already six in the morning! Where did the night go? We're late! Everyone get up and let's get out of here!"

I looked out the window of the motel room. It was pitch dark out. Nothing was moving. No one was up. "Are you sure it's six, Dad?" I asked, wiping the sleep from my eyes.

My father looked at his watch and turned beet red, letting out a sigh. "Oh geez," he said. "I have my watch on upside down! It's only 12:30 a.m.!" We still had three and a half hours to sleep, which didn't go too well, given all of the excitement.

Upon finally arriving, tired and disheveled, at my grandparents' "adult living community" and anxious to head to the beach, my sister and I changed quickly into our swim suits. Since our parents and grandparents were too busy catching up, sis and I decided to bide our time by heading to the outdoor pool nearest our grandparents' unit.

No sooner did we jump into the warm water were we rebuffed. "Hey!" a gruff old woman with a cigarette hanging from her lips yelled. "No kids in the pool after 10:30

a.m. and before 4 p.m.!" She pointed at a sign with large red letters prohibiting those younger than age 40 from entering the pool during the heat of the day, lest they cause too much commotion. After all, we all know how rambunctious 39 year olds could get. But sis and I were only 8 and 11 respectively, so we couldn't fake being old enough.

Dejected, we headed back to grandma's place to beg our folks to take us to the beach, where we were sure pre-adolescents were allowed without getting hollered at.

We enjoyed our trips to Florida just as I'm sure many people vacationing on Sanibel and Captiva right now are. It's wonderful to search for shells and enjoy our wonderful weather, especially when we see snow storms forecast for up north.

But don't tell too many other people, or they might end up like me. I've been a Florida resident for nearly 37 years now! Luckily, however, I no longer have to worry about when adult swim time is.

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Rec Center Fun Days

Register your child now for the upcoming Half Day Fun Days on Tuesday, December 20, Wednesday, December 21 and Thursday, December 22 and Fun Day on Friday, December 23. The Fun Days will offer a variety of athletic games, craft projects and special entertainment. Enrollment is available for children in kindergarten through eighth grade. The Half Day Fun Day program operates from 12:10 to 5:30 p.m. Each child needs to bring a swimsuit and towel. Light snacks will be provided.

Half Day Fun Days are available to families seeking child care on school half days; these days are included at no charge for children currently enrolled in the After School Program. Register in advance and receive the Early Bird rate:

Tuesday, December 20, Half Day Fun Day, member: \$30; non-member, \$40 (registration by December 13).

After Early Bird rate, member: \$36, non-member, \$48 (registration by December 14).

Wednesday, December 21, Half Day Fun Day, member: \$30; non-member, \$40 (registration by December 14). After Early Bird rate, member: \$36, non-member, \$48 (registration by December 15).

Thursday, December 22, Half Day Fun Day, member: \$30; non-member, \$40 (registration by December 15). After Early Bird rate, member: \$36, non-member, \$48 (registration by December 16).

Friday, December 23, Fun Day, member: \$30; non-member, \$40 (registration by December 20). After Early Bird rate, member: \$36, non-member, \$48 (registration by December 21).

The Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com.✪

ISLAND SUN BUSINESS NEWSMAKERS

Top Producers

Royal Shell Real Estate's Sanibel/Captiva Office top producers for October are: team, McMurray & Nette; top listing individual, Cindy Sitton; top sales producers team, McMurray & Nette; and top sales producer, individual, Cindy Sitton.✪



McMurray and Nette



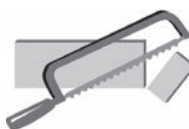
Cindy Sitton

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Political Strategist Presents Overview Of Recent Elections



Guests surround Roy Lenardson, right, following a presentation to discuss political strategy photos courtesy Sanibel Captiva Trust Company

Roy Lenardson, president of Strategic Advocacy, spoke to 75 clients and friends of The Sanibel Captiva Trust Company at The Sanctuary Golf Club recently, providing an overview of the recent elections. Lenardson is a respected political strategist, having served as chief of staff in the Maine Senate and as a manager of more than 100 campaigns. He discussed campaign strategy and management, especially around the subject of polling, and also provided



Roy Lenardson, left, with founder and chairman of The Sanibel Captiva Trust Company, Al Hanser at The Race of the Century program

insight on optimizing potential voter audiences and campaign innovation. Lenardson talked about the differences in campaign approaches across the 2008, 2012 and 2016 U.S. Presidential Elections, highlighting what was most effective and contributing to a candidate's success. "One of my main goals is to help voters be good consumers of the information they are receiving from multiple sources throughout a campaign," said Lenardson. "Polling results, media and social media bombardment can be overwhelming, and there are ways to cut through the noise." "Given the sentiment and complexity of the elections this year, we felt the topic was timely," said Al Hanser, founder and chairman of The Sanibel Captiva Trust Company. "It also reaffirmed our perspective that the financial markets are not singularly affected by election results, and that's reassuring to investors." Lenardson builds and implements public strategies across the fields of government and business. He has also served as a counselor and advocate in government. He and his family reside in Ave Maria, Florida, while his work takes him throughout the country with Strategic Advocacy.✪

ISLAND SUN BUSINESS NEWSMAKERS

Vacation Rentals Appointments



Laurel Burnsed



Ryan Block

Ryan Block is now a co-owner and vice president of RE/MAX of the Islands Vacation Rentals. Laurel Burnsed has joined the company as owner relations manager of the vacation rental management program.✪



Rowan Goodman



Janka Varmuza

New Agents

Rowan Goodman, Janka Varmuza and Amy Wainwright have joined the VIP Realty Group Sanibel and Captiva offices. All three are long-time Sanibel residents.✪



Amy Wainwright

Thomas R. Louwers, M.S.T.

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From page 1B

Luminary Stroll



Holiday revelers crowded the parking lot of Pinocchio's Original Italian Ice Cream and the Lighthouse Café on Sanibel's east end during the December 2 Luminary Stroll
photos by Jeff Lysick



Royce and Sue Powers from Indiana and Melba and Kevin Cuttone from Illinois strolling through Bailey's Center



At Joey's Custard are, from left, Shirley Bohnart, Joe Almeida and Marcia Leslie



The Brass Ensemble of the BIG ARTS Concert Band performing at the Sanibel Historical Museum & Village



Sanibel Historical Museum manager Emilie Alfino standing next to a rug created by island resident Barbara Broadhurst, made with more than \$1,000 worth of wool. The rug took over 500 hours to complete



Gayle Pence and Laura Beckenbaugh, co-chairs of the Sanibel Historical Village's Luminary festivities
photo by Emilie Alfino



Patrick Hyland of The Clam Shack and Ginny Walker of Totally Baked On Sanibel

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Sanibel Community Chorus member Kathy Engle singing *Santa Baby*



Girl Scout Hazel DeCosta, 5, pointing out one of the fish she decorated at the 1896 Sanibel School House



Kiwanian Dick Muench lighting luminary bags along Periwinkle Way



Members of the Sanibel-Captiva Rotary Club filling luminary bags with sand and candles along Palm Ridge Road



The traditional holiday flamingoes in front of Cottages To Castles



Box Car Swing – Jim Doyle and Roger Noss – performing in front of Huxters



The staff of Sanibel Sea School

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1. Panoramic Bay Front Views On Captiva

- 4 BR/4.5 BA - Beach access nearby
- Boat dock/lift, open kitchen, swimming pool
- **\$2,295,000** EUR €2,156,326

2. 3 BR/3.5 BA on West Gulf Drive - Sanibel

- Steps to the Gulf, swimming pool, beach access
- Newer construction, large open kitchen
- **\$1,349,000** EUR €1,267,487

3. Captiva - "Villa Elena"

- 4 BR/3 BA Mediterranean style home
- Update, swimming pool, beach access and dock
- **\$1,735,000** EUR €1,590,882

4. Ferry Landing - Bay Front on Sanibel

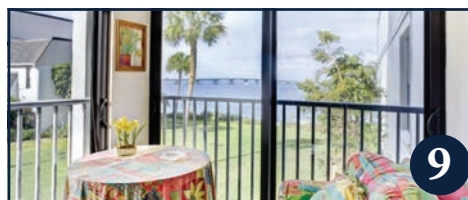
- 3 BR/2 BA with stunning Bay Views
- Community boat dock, swimming pool & tennis
- **\$2,195,000** EUR €2,062,369

5. East End Canal Home

- 4 BR/3.5 BA with boat dock & lift
- Updated throughout, stainless appliances
- **\$870,000** EUR €817,431

6. Dunes Golf & Tennis Community

- 3 BR/2 BA bright cheery beach retreat with pool
- Recently remodeled open floor plan
- **\$639,000** EUR €569,874



7. Bay Front Views - Sanibel

- 3 BR/4 BA direct Gulf access canal with dock and lift
- Elevator, fireplace, multiple lanais with Bay views
- **\$2,895,000** EUR €2,720,072

8. Best of Loggerhead Cay 2BR/2 BA Furnished Units

- #592-Beautifully updated, partial view **\$649,000**
- #402-Updated interior, partial view **\$595,000**
- Convenient East end location, pet friendly

9. Mariner Pointe - Bay Views

- 2 BR/2.5 BA townhouse style condo
- Spectacular Bay views, boat dock available
- **\$525,000** EUR €493,277

10. Colony Beach Estates - Sanibel

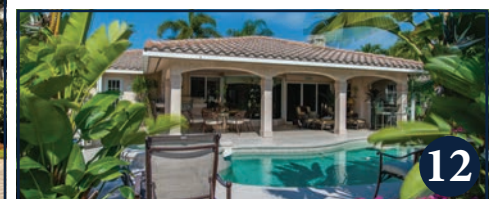
- 4BR/4BA Direct Gulf front gated community
- Gorgeously updated throughout
- **\$3,199,000** EUR €3,005,703

11. Luxury Meets Location - Sanibel

- 4 BR/5 BA Butterknife home built in 2004
- Large gourmet kitchen, steps to the beach
- **\$1,849,000** EUR €1,737,275

12. Gulf Access Canal Home - Sanibel

- 3 BR/3 BA, on navigable canal
- Boat dock and lift, Gulf access, near beach
- **\$1,425,000** EUR €1,338,895



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Florida Native Joins Shark Shootout



by Ed Frank

For the 16th consecutive year, Golf Hall of Famer Greg Norman has assembled many of the greatest professional golfers in the world who will compete here this weekend in the Franklin Templeton Shark Shootout at the Tiburon Golf Club in Naples. The 24-player field features 112 career PGA Tour victories and seven – yes, that’s right – seven LPGA championships. For only the second time in the long history of this tournament, the field includes an LPGA champion, Florida native Lexi Thompson, who joins Annika Sorenstam as just the second woman to compete in the shootout.

The 21-year-old Thompson, with seven career wins in her resume, is ranked as the top American golfer in the LPGA and fourth overall in the world. At just 16 years old, she won the Navistar LPGA, the youngest golfer in history to win a LPGA tour event.

The unique makeup of the shootout, considered the premier tournament of the post-season schedule, consists of 12 two-person teams who will compete for the \$3.1 million purse, with the winning team splitting first-place winnings of \$770,000.

Returning to defend their 2015 title are Jason Dufner and Brandt Snedeker. They are one of four teams in the field that are past shootout champions, the others being Harris English and Matt Kuchar, Sean O’Hair and Kenny Perry, and Jerry Kelly and Steve Stricker.

English and Kuchar were the 2013 champions, and followed up with second-place finishes in both 2014 and 2015.

The three days of competition begins Thursday with a scramble, followed by modified alternate shots Friday and better ball in the Saturday finale.

The Golf Channel will televise the first two days of competition from 2 to 5 p.m. with Saturday’s final round on FOX from 1 to 5 p.m.

Of disappointment to Norman and the tournament sponsors was the withdrawal a few days ago of Davis Love, the popular captain of this year’s U.S. Ryder Cup team champions. A hip injury caused his cancellation.

He was replaced by Mike Weir, the 2003 Masters champion.

The following is a listing of the two-person teams that will compete here this weekend:

Jason Dufner and Brandt Snedeker; Jerry Kelly and Steve Stricker; Mike Weir and Gary Woodland; Kevin Chappell and Kevin Kisner; Charley Hoffman and Billy Horschel; Daniel Berger and K.J. Choi; Luke Donald and Russell Knox; Harris English and Matt Kuchar; Bryson DeChambeau and Lexi Thompson; Sean O’Hair and Kenny Perry; Charles Howell III and Rory Sabbatini; Smylie Kaufman and Justin Thomas.

This is the 28th running of the shootout, the first 12 being held on the West Coast. The tournament has raised millions of dollars for Cure Search for Children’s Cancer.

The Florida Everblades Continue Winning Ways

The Florida Everblades began the week with a season record of 13-3-1-2, which includes one overtime loss and two shootout losses, good for 29 points and a first place standing in the ECHL South Division of the league’s Eastern Conference.

The team began a long, six-game home stand this week hosting Elmira on Wednesday, Friday and Saturday this weekend at Germain Arena. Atlanta provides the competition here next Friday and Saturday, followed by a December 21 home contest against Orlando.

Starting this week, the local hockey team had won four of its five last games.❖❖

SPORTS QUIZ

1. Who was the last Kansas City Royals player before Kendrys Morales in 2015 to belt three home runs in a game?
2. Between 1970 and 2000, who hit the most triples in any one major-league season?
3. In 2015, QB Christian Hackenberg became the all-time passing yards leader (8,318) at Penn State. Who had held the mark?
4. When was the last time before 2014-15 (Kyrie Irving) that an NBA player had two games of 55 or more points in the same season?
5. Of the previous 10 NHL Hart Memorial Trophy winners (league MVP), five have been either Alex Ovechkin or Sidney Crosby. Name three of the other five.
6. In 2016, Christian Pulisic (17 years, 253 days) became the youngest player to score a goal for the U.S. men’s national soccer team. Who had been the youngest?
7. How many times did Ken Norton go the distance in a heavyweight boxing match against Muhammad Ali?

ANSWERS

1. Danny Tartabull, in 1991 versus Oakland. 2. Willie Wilson (1985, Kansas City) and Lance Johnson (1996, New York Mets) each hit 21 in a season. 3. Zack Mills, who passed for 7,212 yards (2001-04). 4. Kobe Bryant, during the 2006-07 season (he had three such games). 5. Henrik Sedin, Corey Perry, Evgeni Malkin, Carey Price and Patrick Kane. 6. Juan Aguinaldo was 17 years, 359 days old when he scored a goal in 2010. 7. Three times, with Norton winning one of them.

SANIBEL 8-BALL POOL LEAGUE 2016-2017 Standings through December 5, 2016

| Standing | Team Name | Won | Lost |
|----------|---------------------|-----|------|
| First | Bunt’s Ball Busters | 120 | 60 |
| Second | Sandycappers | 84 | 96 |
| Third | Sanibel Café | 78 | 102 |
| Fourth | Fresh Legion Crew | 78 | 102 |

December 5 Results

| | | | |
|---------------------|----|-------------------|---|
| Bunt’s Ball Busters | 16 | Sanibel Café | 4 |
| Sandycappers | 11 | Fresh Legion Crew | 9 |

Sanibel 8-Ball Pool League

Busters Roll Again

Bunt’s Ball Busters racked up its second 16-4 victory in a row and dropped Sanibel Café back into a tie with Fresh Legion Crew for the league’s cellar position. Terry Ricotta, Dave Doane and Bob Buntrock led the Ball Busters with 4-0 records against Matt Hall, Richard McCurry and Pete Mindel. Sanibel Café’s Randy Carson again saved his team from a whitewashing by winning three games from Keith Johnson. On Monday night, second place Sandycappers meets Bunt’s Ball Busters and will attempt to slow down the league leaders.

In the Sandycapper/Fresh Legion Crew

match, Sandycapper Jeff Brown pounded the Crew’s Nate Buffam 4-0. He was aided by teammate Gary Murza, who won three games from Gator Gates. Doc Lubinski and Becky Skog led the Legion Crew by winning three games each from John Bates and Jack Cunningham.

Highlights of the evening were: Terry Ricotta’s long bank on the eight ball to win his fourth game of the evening. Jimbo Gaubatz’s kick off the end rail to put his two ball into the side pocket. Only problem was that he called the corner pocket. Rich McCurry losing three games by scratching on the eight ball. Dave Doane’s pink socks and Tom Yorgey’s jet black AC/DC T-shirt.

Matches start at 5 p.m. on Mondays at the Legion. Spectators are welcome.❖

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The Coynes Keep On Biking

submitted by Francis P. Coyne

Three places in the world one must see before they die... Sanibel, Sanibel and Sanibel.

Last month, at home in Ireland, the weather was not great, so we decided to get last minute bookings to Sanibel, the first time ever at this time of year. How lucky we were, because since we arrived the weather has been wonderful.

We did not intend once again to do much biking, but as usual, once we started, there was no stopping us. After four weeks here we have 1,391 miles on the odometer. We have just one more week left here so hopefully we will log many more before we leave this beautiful place.

At this time of year we notice many more bikers on the bike paths. We would love to see all bikers using the paths to alert others when passing, by ringing the bike bell or saying "passing on your left." We have had several near misses by not being warned by passers.

This year has been a sad year for us as one of our great friends Merle has left Sanibel and gone to St Louis; Merle, we miss you here.

We have had some friends from Sanibel visit us in Dublin during the year and hopefully next year they will make a return visit: Jewel and Kevin Jensen and Stan and Melinda Saminski. In fact, Stan and Melinda came to a music session in West Cork with us and Melinda did videos of the complete sessions. If any of your readers would like to view these they can log on to: www.youtube.com/results?search_query=Trundfest+2016+and+Pat+Trundle+and+friend.

Readers planning a trip to Ireland (or just curious) might like to log on to the link below to view a slideshow of beautiful photographs we took on our trip to the Beara Peninsula in West Cork last year. The photos are set to the music of three girls (members of a choir) who happened to visit one of the pubs we go to on our visit there. The music was recorded informally on a mobile phone by one of the girls. Log on to: [https://dl.dropboxusercontent.com/u/81294563/Beara%20Peninsula%202015-HD%20\(1080p\)%20copy.m4v](https://dl.dropboxusercontent.com/u/81294563/Beara%20Peninsula%202015-HD%20(1080p)%20copy.m4v).

Many thanks also to Andy and Lee Ellen for the many wonderful mangoes they gave us each year. Unfortunately for us, this time of year is not mango time... so we will have to come back next May for some of those wonderful mangoes. Thanks also to Kevin in Finnimore's for organizing our bikes to be in ship shape all the time and to Jack - thanks for the flowers.



Frank and Denise Coyne

photo courtesy Francis P. Coyne

Thanks also to the "think tankers" for allowing us join them for their morning conference outside Rosie's whenever we are here.

We leave for home on December 7 and hope to be back again next May.

We wish all a very happy Christmas and New Year, and safe biking to all.

Just for information, our odometer mileage since we started logging our vacation biking in 2003 is 39,803 miles, just 196 short of 40,000 miles, which we will hopefully manage before we leave next week. Is this a vacation record?*



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Hole-In-One



Angie Ebenhoh photo provided

Angie Ebenhoh made a hole-in-one on the second hole at The Dunes Golf & Tennis Club on Monday, November 28, witnessed by Bobbie McGlynn, Ruth Wagner and Jack Stahl.✱

Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Page Turners – with Louise Fitzgerald and Ann Hartman. If you are not on the Page Turners list, and wish to be, email ocean@comcast.net or contact the center. Discussions begin at 2:30 p.m.

The featured book for Wednesday, December 14 is *A Man Called Ove* by Fredrick Backman – “A curmudgeon hides a terrible personal loss beneath a cranky and short tempered exterior while clashing with his new neighbors, a boisterous family whose chattiness and habits lead to unexpected friendship.” – NPR Books

Island Seniors, Inc. Annual Members Meeting – Friday, December 9 at 11:30 a.m. All Center 4 Life members are invited and encouraged to attend this informative and entertaining event. At the meeting, you will learn about the center’s many activities throughout the year, the financial standing, and you will have an opportunity to elect new board members.

Games
Cost for all games is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Bridge – Monday and Wednesday, register by 12 p.m. Game begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at 12:30 p.m.

New Game: Hearts – Friday at 1 p.m.

Tuesday Kayaking – December 13 and 20 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Line Dancing Classes – Tuesdays, December 13 and 20 at 12:30 p.m. Cost is \$5 for members and \$8 for non-members.

The instructor will review dance steps then turn up the music so you can dance. Bring a friend. Call to register.

Fitness Classes
Members cost is \$4 per class, visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs

body weight are used. Athletic footwear required. Instructors are Grace Elston and Connie DeCicco.

Essential Total Fitness – Friday, December 9 class cancelled due to annual members meeting. Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.✱

From page 1B
SCCF Series

Periwinkle Way. The evening begins at 6:30 p.m. with refreshments, followed by Butcher’s presentation at 7 p.m. His books and calendars will be available for sale and Butcher will sign copies before and after his presentation. Butcher will share sale proceeds with SCCF.

Recognized as both a legendary photographer and a national treasure, Clyde Butcher has been creating black and white photographs of untouched natural landscapes for more than 50 years. Internationally renowned, his photography transports the viewer into the primordial beauty of expansive horizons, endless vistas and seldom-seen splendor of the wilderness.

Butcher has been called the next Ansel Adams by *Popular Photography* magazine, awarded as a humanitarian for acting for the betterment of his community, and recognized as a

conservationist for bringing issues to the forefront of public consciousness through his art.

“We are so honored that Clyde agreed to be the first presenter for Evenings at the Homestead,” said SCCF Executive Director Erick Lindblad. “During SCCF’s annual membership meeting, Mr. Butcher is being recognized as the 2017 prize recipient of the SCCF JN “Ding” Darling Brush of Excellence Environmental Art Program. It’s just great he can stay on another day to make this presentation the night of the 14th.”

During the Evening at the Homestead presentation, attendees can also purchase drawing tickets to win a signed and framed piece of Butcher’s art. The black and white photographic composition is valued at \$1,500. Drawing tickets are priced at \$10 each and three for \$25.

SCCF is dedicated to the conservation of coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed.✱

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ISLAND SUN BUSINESS NEWSMAKERS

Top Producers

Marianne Stewart

LeAne Taylor Suarez

Harrell, Tolp and Albright Team

The top associates at John Naumann & Associates for the month of November were: top listing agent, Marianne Stewart; top team, the Harrell, Tolp and Albright Team; top sales agent, LeAne Taylor Suarez.✱

dearRPharmacist

5 Minute Health Hacks



by Suzy Cohen, RPh

Dear Readers: The following are simple health hacks.

Pimple- Put a dab of essential oil of tea tree on it. Or put a dab of bentonite clay on it (mixed with water); you want a clay paste. You can

do both back to back (tea tree then clay mask). You can leave the dab on there overnight.

Foot cramp or Charlie horse- If these ailments are just occasional from over-stretching or dehydration, long travel, wearing high heels too long and so forth, just buy coconut water and drink it. The electrolytes work to stop the cramps and spasms. You can do this right before bedtime if it's frequent. Any electrolyte drink will work, unfortunately commercial drinks mostly contain artificial colors.

Kitchen cuts and wounds- Cayenne powder, the spice, is a well-known hemostat so it stops bleeding within seconds. Outdoor survivalists know this and often have it in their backpack, but what about the rest of us? It's amazing that you can pour this onto a cut and within 10 seconds, the bleeding will pretty much stop. I found this out when I cut some crusty bread and the knife slipped onto my finger. The water from the faucet wasn't helping, nor any of the shameful words I mumbled while hopping from one foot to another.... so I poured some cayenne pepper on the cut and took a deep breath waiting for a burn.

Surprisingly, no pain, but it did control the bleeding. Super cool for a hot pepper extract.

Headache- Sometimes a cup of coffee or black tea will help because of the caffeine, and you can also add two ibuprofen. If that doesn't help, then take a cool pack and put it on both your temples and take 250 to 350 mg of chelated magnesium.

Hangover- Truthfully, I have no experience with this one as my drinking habits amount to probably one drink (or a few sips of one drink), about three times a year. I just don't like feeling 'messed up' in my head, and it causes insomnia for me. But lots of my friends drink, and some get hangovers. I suggest you take two N-acetylcysteine supplements (approximately 1200 mg of NAC) and also a B1 (thiamine) tablet with your drinks or in the morning. There's a biochemical reason for why this works better than drinking raw eggs or sweating in a sauna, just take my word for it.

Dry, chapped lips- Drink more, always infuse your water with marshmallow root (keep it in the fridge) and apply honey to your lips (instead of lip gloss). You're more kissable that way too. I have a much longer version of this article with more five minute health hacks, it's free at my website, and now here's the last hack for a cold.

Stuffy nose- Take a hot shower so it is steamy in there and dump a few drops of essential oil of eucalyptus on your shower floor. This allows you to gently inhale the steam infused with a known decongestant. Basil essential oil is a good expectorant.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Eden Energy Medicine

The Meridians, Our Energetic Pathfinders



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

Whew! We have spent the last several months learning how to trace our meridians, all 14 of them, to enable an energetic

continuous flow to assist in balancing our beings, to optimize our health. Once you start to practice the tracing, it really does take less than one minute each day to trace all of them.

As a brief review, remember that the meridians are each named after an organ with which they are directly associated. For example, the spleen meridian is named after the spleen, since the meridian provides a direct means of energetic assess to that organ. When I do private sessions, I can hold points on the body, known as alarm points to assess the health of the energetic flow to a given organ, By working with the alarm point, begin to shift chronic energetic patterns, to begin bringing balance and thus health back to the entire system.

The meridians, just like all components of our body, do not stand alone in

isolation. They are interconnected. They serve as one of four "gatekeepers" of our health. The first gatekeeper is the energy we take in through energy inherited from our mother, from the food and drink we ingest, from the love we experience in relationships through our heart and, lastly, from the air we breathe – all these sources together are referred to as wei chi, an extremely powerful form of vital energy. The next level is our meridians, which traverse the entire being at every level. The third level is ruled by our blood that courses throughout. Lastly is the gatekeeper of our organs, who are the royal elite guards standing ready to protect the heart and soul of our beings. Together, these four levels are referred to in Chinese medicine as The Pattern of Four Stages.

Although each meridian has a definable pathway, the path of energy continues to the next meridian, to the next – until all are assessed. Each meridian is impacted by and impacts upon the rest of the nine energy systems of the body. This is why you begin to feel differently as soon as you work with any of the nine systems – because of this interconnectedness. Although this concept is much different that we are taught from a Western medicine perspective, it truly does make sense that all pieces of this wonderfully complex system we know as our body are inter-dependent on each other, working together as an amazing, skilled team that can transcend time and space. Like a person who has a multiple personality and is able to drink orange juice in one

continued on page 22B

From page 1B

Bird Count

in ornithology, representing over a century of unbroken data on trends of early-winter bird populations across the Americas. Simply put, the Christmas Bird Count is citizen science in action.

Prior to the turn of the 20th century, people engaged in a holiday tradition known as the Christmas "Side Hunt." They would choose sides and go into the field with their guns; whoever brought in the biggest pile of feathered (and furred) quarry won. Conservation was in its infancy around the turn of the century, and many observers and scientists were becoming concerned about declining bird populations. Beginning on Christmas Day 1900, ornithologist Frank Chapman, an

early officer in the then-budding Audubon Society, proposed a new holiday tradition, a "Christmas Bird census" that would count birds during the holidays rather than hunt them. So began the Christmas Bird Count.

Thanks to the inspiration of Chapman and the enthusiasm of 27 dedicated birders, 25 Christmas Bird Counts were held that day. The locations ranged from Toronto, Ontario, to Pacific Grove, California, with most counts in or near the population centers in northeastern North America. Those original 27 Christmas Bird Counters tallied a total of 90 species on all the counts combined.

Volunteers are needed for this year's CBC. Birding skills are desirable but not necessary. For more information, call 395-1878.✱

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Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My husband is 25 years my senior. Our first child was born a year after our marriage and the second child 18 months later. These children were our interest completely, and we both enjoyed the journey. They are now both happy, successful adults.

We retired 10 years ago and now without the “children,” we have little in common. My husband goes his way with his interests and I go mine in a totally different direction. I maintain the house and do all of the grocery shopping and maintenance, and when he is home he reads. We do eat together, then go our separate ways to our own TVs and then go to bed on our own private schedules.

We still are very involved with the children as they are not married. This doesn't seem too great, but I guess it's

“widow-in-training” for me.
Do others have lives like ours?

Sylvia

Dear Sylvia,

Your husband must be very strong, and have lived a very healthful lifestyle. Most marriages don't have a 25-year age difference, and that in itself would make for different interests. Your children have been very fortunate to have loving, devoted parents caring for them, but they have grown up.

Retirement is different for many couples. If you have your interests and he has his and you both have the adult children in common, that is more than most people would consider happiness. You seem to have worked out a compromise that is satisfactory to both. Enjoy.

Lizzie

Dear Sylvia,

Raising a family requires a lot of time and attention, as we know. During this time, many events can occur. The husband and wife become so involved with the children, and the children's multiple activities, or the husband and wife were not very well matched prior to children, however, derived their happiness and joy individually from raising the children.

There are other scenarios as well, but each situation has similar endings after the kids are out of the home. One morning, you look over the top of your newspaper at someone you do not know or want to know.

It seems you have three choices: to do nothing, to improve the relationship and stay together or to decide to end the marriage. So, you have a lot of thinking to do. Perhaps some sessions with a counselor would be a great start.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✱

Doctor and Dietician

Staying Healthy During The Holidays



by Ross Hauser, MD
and Marion Hauser, MS, RD

We all know that weight gain comes with the holidays. Unhealthy habits can start with overindulging in Halloween candy, leading to overeating at Thanksgiving and other holiday meals, workplace snacks and parties, and family holiday reunions.

Resist the urge to overindulge in candy and sugar-laden drinks and sweets. Instead, create positive, healthier meal, snack and dessert choices that you can look forward to feasting on during the season. Snack on roasted pumpkin seeds, create meals that include squash, and enjoy desserts made with baked apples. Eating fresh, organic in-season food items provides a richness that your body will love. Don't settle for

processed foods loaded with artificial ingredients.

Plan ahead by creating a healthy meal schedule. Make sure your refrigerator and pantry are stocked with fresh, nutrient-dense foods. It is way too tempting to eat all of the leftover pie at home, or cookies brought to the office. Having a plan and sticking to it avoids developing unhealthy patterns.

Get moving! We sound like a broken record. But seriously, keeping your weight stable is a lot easier when you exercise. It also helps keep you more cheerful by counteracting the stress of holiday travel, traffic, shopping, and other events. If you are currently sedentary, then there is nowhere to go but up! If you currently exercise, but don't feel the benefits, you may be exercising too frequently in the “gray zone.” In other words, your hard workouts are not hard enough. And your recovery workouts are not slow enough. Most Americans fit in the sedentary category – they do not do any form of regular exercise. Muscle burns more calories than fat. Enough said, right? You may even want to set a goal, such as completing a 5K – it's only 3.1 miles... you can do it!

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✱

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: Can you give some examples on how to go about solving problems? I get paralyzed when I am faced with a problem and don't know what to do.

A: We all encounter various


problems, whether they be personal, work-related and/or global. Problems are meant to have viable solutions. There are many good ways to solve a problem once we can examine it from various angles.

With that, possible solutions begin to surface and the best one will come to you. The following suggestions will help you along the way:

- State the problem. What exactly is the problem?
- Define/describe in your own words what is the nature of the problem in detail.
- Begin to describe various ideas that could lead toward solving the problem. Name at least one that can be silly or off the wall.
- Select the idea you feel is the best for resolution and why.
- Implement some specific action steps as to why this best idea or ideas can and will manifest.
- Evaluate the plan of action. Did the idea solve the problem? If yes, what are some new thoughts on improvement should you decide to use it in the future?

Hopefully, these suggestions will assist you in getting started with solving problems that arise.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.✱



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From page 21B

The Meridians

moment, but in a mega-second be allergic to that same orange juice – this power of our being is accessible to each of us at any moment if we train ourselves to be sensitive to its very existence. It is called morphic resonance. It exists, it is real and by learning to attune to your own energy, you can shift long entrenched habits, to make shifts and changes that are healthy

and empowering. Welcome to the magical world of your own energy.

Have fun with your energy. Next week's topic is Knee Issues – What Needs are Not Being Met?

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✱



Zucchini Chips

¼ cup dry bread crumbs
¼ cup grated fresh Parmesan cheese
¼ teaspoon seasoned salt
¼ teaspoon garlic powder
1/8 teaspoon freshly ground black pepper
2 tablespoons fat-free milk
2½ cups zucchini, sliced ¼-inch thick
Cooking spray

Preheat oven to 425 degrees F. Whisk together first five ingredients in a medium bowl. Pour milk into a shallow bowl. Place an ovenproof wire rack coated with cooking spray on a baking sheet. Dip zucchini slices in milk, and dredge in breadcrumb mixture. Put coated slices directly onto the prepared wire rack. Bake for 30 minutes or until browned and crisp. Serve immediately with Feta and Dill Dip.

Tip: To minimize cleanup, put aluminum foil on the baking sheet before placing the wire rack on it.

Feta and Dill Dip

1 cup plain low-fat yogurt
1 tablespoon fresh dill, chopped
1 tablespoon crumbled feta cheese
Mix all ingredients together and serve.
Yields eight servings.*



Zucchini Chips

photo courtesy Fresh From Florida

BEST TAKE-OUT ON THE ISLANDS



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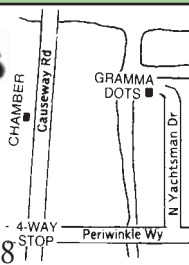
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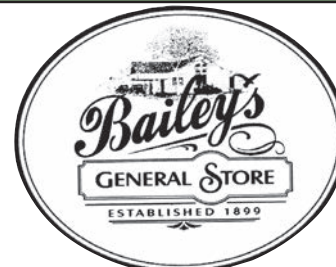
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| Fire Department - Captiva | 472-9494 |
| Florida Marine Patrol | 332-6966 |
| Florida Highway Patrol | 278-7100 |
| Poison Control | 1-800-282-3171 |
| Chamber of Commerce | 472-1080 |
| City of Sanibel | 472-4135 |
| Administrative Office | 472-3700 |
| Building Department | 472-4555 |
| Planning Department | 472-4136 |
| Library - Sanibel | 472-2483 |
| Library - Captiva | 239-533-4890 |
| Post Office - Sanibel | 472-1573 |
| Post Office - Sanibel (toll free) | 800-275-8777 |
| Post Office - Captiva | 472-1674 |
| Sanibel Community Association | 472-2155 |
| Center 4 Life - Senior Center | 472-5743 |
| ARTS | |
| Arcade Theater | 332-4488 |
| Art League Of Fort Myers | 275-3970 |
| BIG ARTS - Barrier Island Group for the Arts | 395-0900 |
| Broadway Palm Dinner Theatre | 278-4422 |
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| Gulf Coast Symphony | 472-6197 |
| Lee County Alliance for the Arts | 939-2787 |
| Naples Philharmonic | 597-1111 |
| The Herb Strauss Schoolhouse Theater | 472-6862 |
| Sanibel Music Festival | 336-7999 |
| Sanibel-Captiva Art League | sancapart.com |
| SW Florida Symphony | 418-0996 |
| CLUBS & ORGANIZATIONS | |
| ABWA - American Business Women's Assoc. | 565-7872 or 433-7798 |
| American Legion Post 123 | 472-9979 |
| Angel Flight SE | 1-877-4AN-ANGEL |
| Audubon Society | 472-3744 |
| CHR Community Housing & Resources | 472-1189 |
| Community Foundation of Sanibel-Captiva | 274-5900 |
| COTI Committee of the Islands | coti@coti.org |
| CROW - Clinic For The Rehabilitation of Wildlife | 472-3644 |
| FISH OF SANCAP Neighbors Helping Neighbors | 472-4775 |
| FISH. OF SANCAP 24-hr service | 472-0404 |
| Sanibel Island Fishing Club | 472-8994 |
| Horticultural Society of the Islands | 472-6940 |
| Horticulture and Tea Society of Sanibel and Captiva | 472-8334 |
| Kiwanis Club | 677-7299 |
| League of Women Voters | sanibelLWV@gmail.com |
| Lions Club, Jeff MacDonald | 302-521-1158 |
| Master Gardeners of the Islands | 472-6940 |
| MOAA - Military Officers Assc. of America, Alex MacKenzie | 395-9232 |
| Newcomers | 472-9332 |
| Notre Dame Club of Southwest Florida | 768-0417 |
| Optimist Club | 472-0836 |
| PAWS | 472-4823 |
| Rotary Club | 472-7257 or 472-0141 |
| Sanibel Bike Club | sanibelbicycleclub.org |
| Sanibel Beautification Inc. | 470-2866 |
| Sanibel-Captiva Orchid Society | 472-6940 |
| Sanibel-Captiva Power Squadron | www.usps.org/localusps/sancap |
| Sanibel-Captiva Republican Caucus | 395-1202 |
| Sanibel-Captiva Shell Club. | facebook.com/sancapshellclub |
| Sanibel Youth Soccer | www.sanibelsoccer.org |
| United Way of Lee County | 433-2000 |
| United Way 211 Helpline 24 hour | 211 or 433-3900 |
| Zonta Club | 728-1971 |
| ISLAND ATTRACTIONS | |
| Bailey-Matthews National Shell Museum | 395-2233 |
| JN "Ding" Darling National Wildlife Refuge | 472-1100 |
| Sanibel Historical Museum & Village | 472-4648 |
| SCCF Sanibel-Captiva Conservation Foundation | 472-2329 |

To be listed in calling card email your information to:
press@islandsunnews.com

PETS OF THE WEEK

Katana is a 2-year-old female pit bull mix and is a very popular play partner with virtually all of the dogs at the shelter. She is bubbly, playful and happy-go-lucky. She's the perfect dog to blend in with your pack!

Adoption Fee: \$75 (Check Animal Services' website for December specials on select dogs).

Mandy is a gorgeous kitty who is a 3-year-old domestic long hair spayed female would love to be someone's one-and-only. She loves people and will lavish as much attention on you as you give her. Why not make this beauty your next family member?

Adoption Fee: \$10 (regularly \$50) during Animal Services' Home 4 the Holidays Adoption Promo through December 30.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Katana ID# 680324



Mandy ID# 680227

Grace Loves Her Cats



Grace Pabalan, pictured with GCHS shelter cat, Houdini, loves her cats. During her recent cat-themed birthday party, in which she had around 20 friends and family attend, she raised \$502. She donated all the money to the Gulf Coast Humane Society, which shelters, fosters and adopts cats, dogs and other animals. Grace earned The Purple Paw Award from GCHS for her honorable efforts.

photo by Brian Wierima, GCHS



Boo
PAWS Of Sanibel

Boo

Can this sweet little Boo Boo Kitty come to your home? She is a young girl, about 3-months-old, who made her home in someone's garage. She is now at the vet's office and will soon be spayed and ready for her new home. Can you adopt Boo Boo Kitty? If so, call Pam at PAWS at 472-4823.*

Humane Society Receives Donation

Gulf Coast Humane Society (GCHS) is a regional organization dedicated to helping companion pets find their forever homes, no matter how long it takes. GCHS provides an adoption center, spay-neuter and veterinary clinic, as well as education and awareness to the public about the welfare of homeless pets.

GCHS' mission is to care for companion pets in need by offering safe refuge, providing medical care and facilitating adoptions. GCHS promotes the concept the "adopt, don't shop" and helps educate the community about proper and responsible animal care, while providing quality, affordable veterinary care.*



Young Professionals for Animal Protection (YAP) President Kimberly Spilman presents a check for \$667 to Gulf Coast Humane Society Events Coordinator Paul Howel photo courtesy GCHS

PUZZLES

Answers on page 29B

NOTED PHRASES

Super Crossword

ACROSS

1 Neighbor of Chile

5 Chemist's outerwear

12 Some captives

20 Copies

21 Magic's city

22 Fearmonger

23 Centennial State

pageant winner

25 Start to chew

26 Clinic fluids

27 Enjoy a meal

28 DVR biggie

29 Baste, e.g.

30 Text giggle

31 Output of Tolkien

38 Highly skilled people

40 Prudential competitor

41 "— found it!"

42 Member of a noted racecar-driving family

47 Surplus item

51 Be a cast member of

52 Oklahoma tribe member

53 Placed in the middle, to a Brit

55 The NBA's "King James"

57 120-Down character

Sarducci

61 Uru, neighbor

64 Wildlife lair

65 Proverb

66 Add liberally

67 Most August newborns

69 Popular energy drink

73 Anderson of "WKRP in Cincinnati"

74 Rome's country, in French

76 "Für —" (piano piece)

77 Sun, e.g.

79 — Moines, Iowa

80 Prism, cone or sphere

82 Beach shoe

85 Stands for hot dishes

86 Melody

87 "Salud!," say

91 Dutch genre

painter Jan

92 Port-au-Prince's land

98 No. on a road sign

100 Navigator Islands, now

101 Cry upon release

102 1991 Denzel Washington film

109 Gave a meal

110 Hubbub

111 Chiang Mai native

112 Johnny —

113 Pool coverer

115 Open ocean

118 Parts of it appear at both the starts and ends of this puzzle's eight theme phrases

123 Bel Air resident, e.g.

124 Funicello of the screen

125 Cry in church

126 Nonclerical females

127 "Possibly"

128 Veg out, say

7 Make swollen

8 Magna —

9 — par with

10 Stick in

11 Moreover

12 Natural home

13 With 84-Down, lunchmeat with pimiento

14 Goal in Zen Buddhism

15 Uno plus due

16 French bud

17 Knife of TV ads

18 Oxalate, e.g.

19 Vermont ski town

24 Wearing a lounge robe

28 Color a little

30 Tibetan priest

32 Ending for enzymes

33 She sang "Smooth Operator"

34 "— darn tootin'!"

35 4G — (T-Mobile offering)

36 Retaliate

37 Like some criticism

39 Singer Ochs

43 Actor Greene

44 — -Z

45 Luc's denial

46 Chilling stuff

48 Camera stand

49 Fixed up

50 Studmuffin

54 West Germany's Ludwig

56 Deprived

57 Not genuine

58 Wheel turner

59 Little jerk

60 Patients' gp.

61 First groups of invitees

62 Snappy reply

63 Net minder

65 California's — Woods

68 Splinters

70 MBA, say

71 — -ray Disc

72 Feature of the word "go"

75 — -Kit (police tool)

78 Tub traction aids

81 Medit. land

82 "Or — hear"

83 From way back: Abbr.

84 See 13-Down

86 Shut angrily

88 Structure of a plane without the engine

89 Belfry locales

90 Knotted

93 Quarterback Boomer

94 Spanish for "daddy"

95 Ball caller

96 "Sk8er —" (2002 hit)

97 Chick- — -A

99 Hold dear

102 Taj —

103 Singer Menzel

104 Drenched

105 1953 Alan Ladd title role

106 Disney mermaid

107 Religious branches

108 Die down

114 Rent- —

116 Chop down

117 — -mo

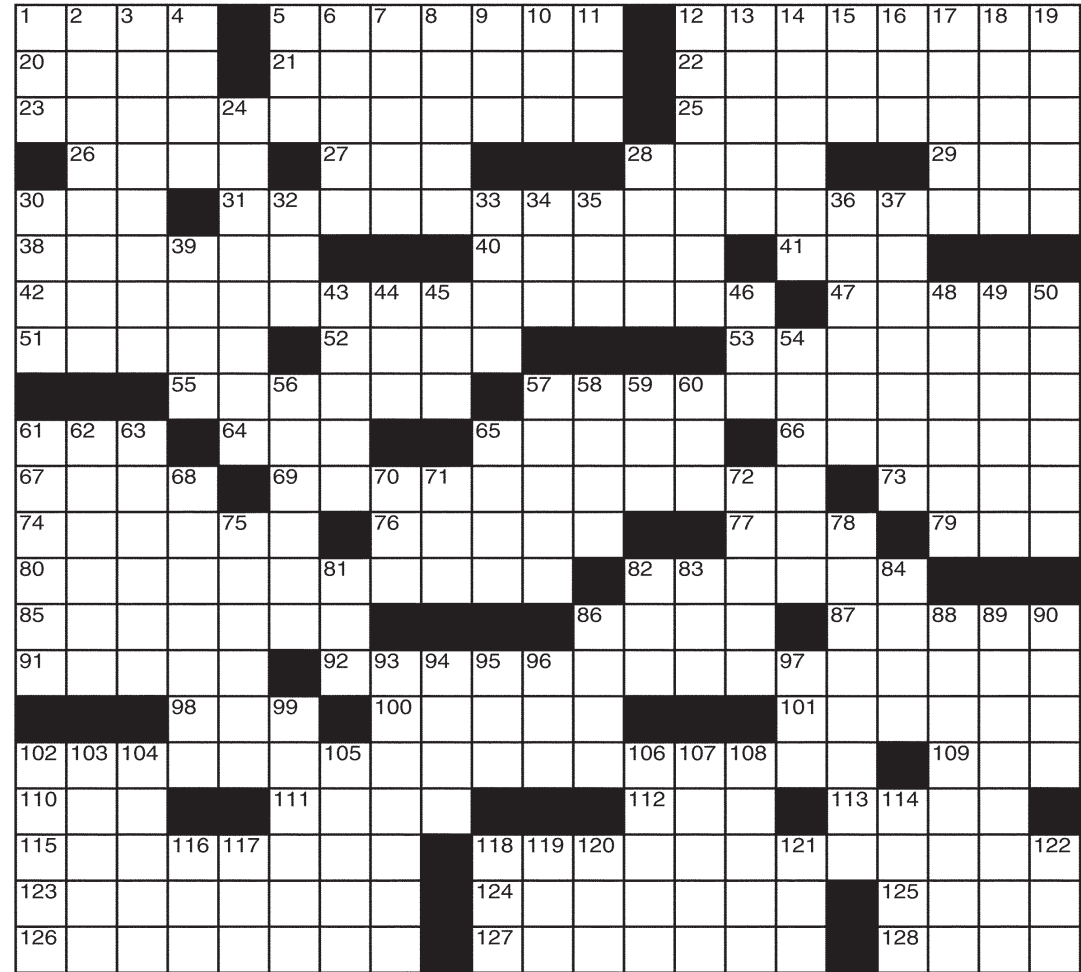
118 Animal gullet

119 A, in France

120 '75 TV debut

121 Ang of film

122 Certain M.D.



King Crossword

ACROSS

1 Timber wolf

5 U.K. television option

8 Lily variety

12 Opposed to, slangily

13 Always, in verse

14 Mimicked

15 Get bigger

16 Banner

18 "— Street"

20 Leads

21 Edges

23 Adam's mate

24 Recklessly

28 Book after Joel

31 Sphere

32 "SNL" alumna Cheri

34 Debt notice

35 Seniors' dance

37 Vexing situation

39 By way of

41 Use scissors

42 Offering a nice view

45 Illegal steroid use, e.g.

49 Vertical space

51 Birthright barterer

52 Not working

53 Genetic stuff (Abbr.)

54 Matterhorn's range

55 Pinochle ploy

56 Affirmative

57 For fear that

8 Digestive aid

9 Widespread illness

10 Kelly or Hackman

11 Rhyming tributes

17 Payable

19 Venus de —

22 Old daggers

24 Bounce

25 Blunder

26 Especially

27 Baby-sitters, often

29 Partner of aah

30 Take to court

33 Personal (Pref.)

36 Paid heed to

38 Attraction

40 Atmosphere

42 Thin wedge

43 Relinquish

44 Buffalo Bill's last name

46 Capri, e.g.

47 Siestas

48 Sudden rush of wind

50 Individual

DOWN

1 Trails behind

2 Shrek is one

3 Life stories, for short

4 Ahead

5 Huge monster

6 Spelling contest

7 Rugged cliff

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U C O N V E N T I O N A L S Q
N L N J G E N X C S Z K X V T
R K P E N L J O O N S R H E C
A M O Y R W S V T D O A T R P
E N O O L E K T I S O M L G E
C G B D B Z F X O W H H M C U
S R U D E T P E C C A C T O P
O M L A J L X I R G K N U R C
E D B E G A R E V A A E Y O O
X R A L U G E R T W U B T S T

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Accepted
Average
Benchmark
Classic

Common
Conventional
Gauge
Model

Orthodox
Reference
Regular
Staple

Stock
Textbook
Touchstone

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

The Jacaranda has live entertainment Friday and Saturday with The Riverside Band, playing classic rock and oldies. Loose Change plays contemporary, top 40 and dance on Sunday. On Monday, it's Renata. Wednesday is Jerry B. Variety Show, featuring Motown and classic hits. Sir Mitch plays classic rock, R&B and dance on Thursday.

The Mucky Duck on Andy Rosse Lane, Captiva features live music by Peter Redpath on Thursday and Sunday. Gary Earle plays Friday. Gene Federico performs on Saturday and Wednesday. Mark Dupuy plays on Monday. On Tuesday, it's Perry English.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traditions on the Beach at Island Inn has live entertainment Friday with Woody Brubaker and Barbara Smith. Dusk Duo plays on Saturday. Woody Brubaker plays on Wednesday. Mike Arnone plays on Thursday.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.**

My Stars ★★★★★

FOR WEEK OF DECEMBER 12, 2016

ARIES (March 21 to April 19) Make your holiday preparations one step at a time in order to avoid being overwhelmed and leaving things undone. That confusing family situation continues to work itself out.

TAURUS (April 20 to May 20) Ease this year's holiday money pressures by letting your thrifty side guide you as you look for those perfect gifts that typically reflect your good taste and love of beauty.

GEMINI (May 21 to June 20) You'll have a good handle on potential holiday problems if you delegate tasks to family members, friends or co-workers – most of whom will be more than happy to help out.

CANCER (June 21 to July 22) Right now you are especially vulnerable to holiday scams that seek to take advantage of your generosity. Best advice: Check them out before you send out your checks.

LEO (July 23 to August 22) The upcoming holiday season gives the Big Cat much to purr about. Relationships grow stronger, and new opportunities loom on the horizon, just waiting to be pounced on.

VIRGO (August 23 to September 22) A changing situation brings conflicting advice about how to go forward with your holiday plans. Your best bet: Make the decision you feel most comfortable with.

LIBRA (September 23 to October 22) Holiday plans get back on track after some confusion about the direction you expected to take. A potentially troublesome money matter needs your immediate attention.

SCORPIO (October 23 to November 21) Your holiday preparations are on track. But you need to confront a personal situation while you can still keep it from overwhelming everything else.

SAGITTARIUS (November 22 to December 21) Tight financial matters ease a bit during this holiday season. But the sagacious Sagittarian is well-advised to keep a tight hold on the reins while shopping for gifts.

CAPRICORN (December 22 to January 19) Don't put off making decisions about this year's holiday celebrations, despite the negative comments you've been getting from several quarters. Do it NOW!

AQUARIUS (January 20 to February 18) The holidays will bring new friends and new opportunities. Meanwhile, be careful to use your energy wisely as you go about making holiday preparations.

PISCES (February 19 to March 20) There's good news coming from a most unlikely source. And it could turn out to be one of the best holiday gifts you have had in years. Remember to stay positive.

BORN THIS WEEK: You are respected for your honesty and loyalty. You make friends slowly – but with rare exceptions, they're in your life forever.

THIS WEEK IN HISTORY

- On Dec. 13, 1621, the first American fur exports leave for England aboard the Fortune, only to be stolen by the French. The colonists later traded with Native Americans, exchanging corn for beaver skins, which were in turn sold in England.

- On Dec. 16, 1811, near New Madrid, Missouri, an estimated 8.6 magnitude earthquake slams the region, raising and lowering parts of the Mississippi Valley by as much as 15 feet. The quake temporarily reversed the direction of the Mississippi River, giving rise to Reelfoot Lake in Tennessee.

- On Dec. 17, 1903, near Kitty Hawk, North Carolina, Orville and Wilbur Wright make the first successful flight in history of a self-propelled, heavier-than-air aircraft. It stayed aloft for 12 seconds and covered 120 feet.

STRANGE BUT TRUE

- It was noted American playwright and essayist Arthur Miller who gave the following sage advice: "Don't be seduced into thinking that that which does not make a profit is without value."

- In the early 20th century, celebrated racehorse Man o' War won 20 of his 21 career races. Interestingly, his one loss (often attributed to a terrible start and the extra

weight he was carrying) was to a horse named Upset.

- Statistically speaking, you probably live within 320 miles of the place you were born.

- Have you ever experienced a social situation in which you have to introduce someone, but you can't quite remember their name? In Scotland, there's a word to describe the hesitation caused by that moment of panic: a tattle.

- According to a poll conducted by outdoor recreation retailer Gander Mountain, almost half of all hunters have some kind of ritual they observe to increase their chances for a lucky hunt. Some hunters go the entire season without shaving, some start each hunt at a particular time, some kiss the first bullet, some do an "anti-rain" dance – the variations are endless.

- Getting married soon, but working with a tight budget? If you're considering cutbacks, you might not want to put the honeymoon on the chopping block. Researchers have found that couples who go on a honeymoon tend to have longer-lasting marriages than those who skip the trip – no matter how much or how little you spend.

THOUGHT FOR THE DAY

"If I seem to take part in politics, it is only because politics encircles us today like the coil of a snake from which one cannot get out, no matter how much one tries. I wish therefore to wrestle with the snake." – Mahatma Gandhi

SCRAMBLERS

solution

1. Bounce; 2. Guide;
3. Glance; 4. Random

Today's Word
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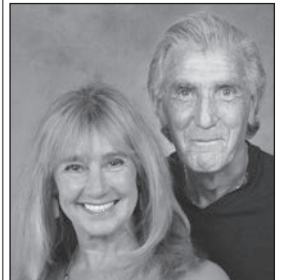
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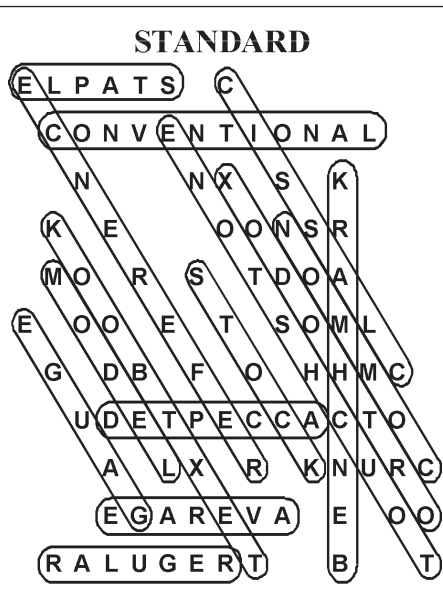
SUPER CROSSWORD

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MAGIC MAZE



SUDOKU

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| 7 | 8 | 3 | 4 | 5 | 6 | 1 | 2 | 9 |

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Studio or small 1 bedr. wanted by quiet 68
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Experienced amateur musicians who enjoy playing for fun.
SANIBEL
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3 9 5 - 5 8 1 4
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GOD BLESS AMERICA
Lydia and Paul Cook want to THANK SANIBEL FOR 11 GREAT YEARS! PERIWINKLE WAY AUCTION & CONSIGNMENT is now online at www.SanibelConsignment.com under www.EBTH.com Get auction prices on all antiques, seafire jewelry, nautical items. Ikki Matsumoto island themed prints & Sanibel seashells. God Bless American & our loyal friends!
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LOAN NEEDED
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*NS 7/22 CC TFN

Port Authority Hires New Executive Director

The Lee County Port Authority announced that Jeff Mulder, AAE, will become the new executive director at Southwest Florida International Airport and Page Field on January 1.

Mulder comes to the Lee County Port Authority with a 28-year career in airport operations, marketing, development and administration. For the past 11 years, he served as the director of airports in Tulsa, Oklahoma, which encompasses a three-airport system. From 2009 to 2013, Mulder also served as the director of transportation for the City of Tulsa. Prior to that, he worked in Appleton, Wisconsin, Evansville, Indiana, Milwaukee, Wisconsin and New Orleans, Louisiana.

"After an extensive national search, we believe Jeff Mulder is an excellent choice to direct the administration and oversee operations at both our airports, as well as provide the leadership and vision necessary to take us into the future," said Frank Mann, chair of the board of port commissioners.

"I look forward to joining the Lee County Port Authority and working with the board of port commissioners, employees and business partners at Southwest Florida International Airport and Page Field, as well as community and regional leaders to continue the outstanding record of success the airports have demonstrated throughout the years," said Mulder.

For more information, visit www.flylcpa.com.*

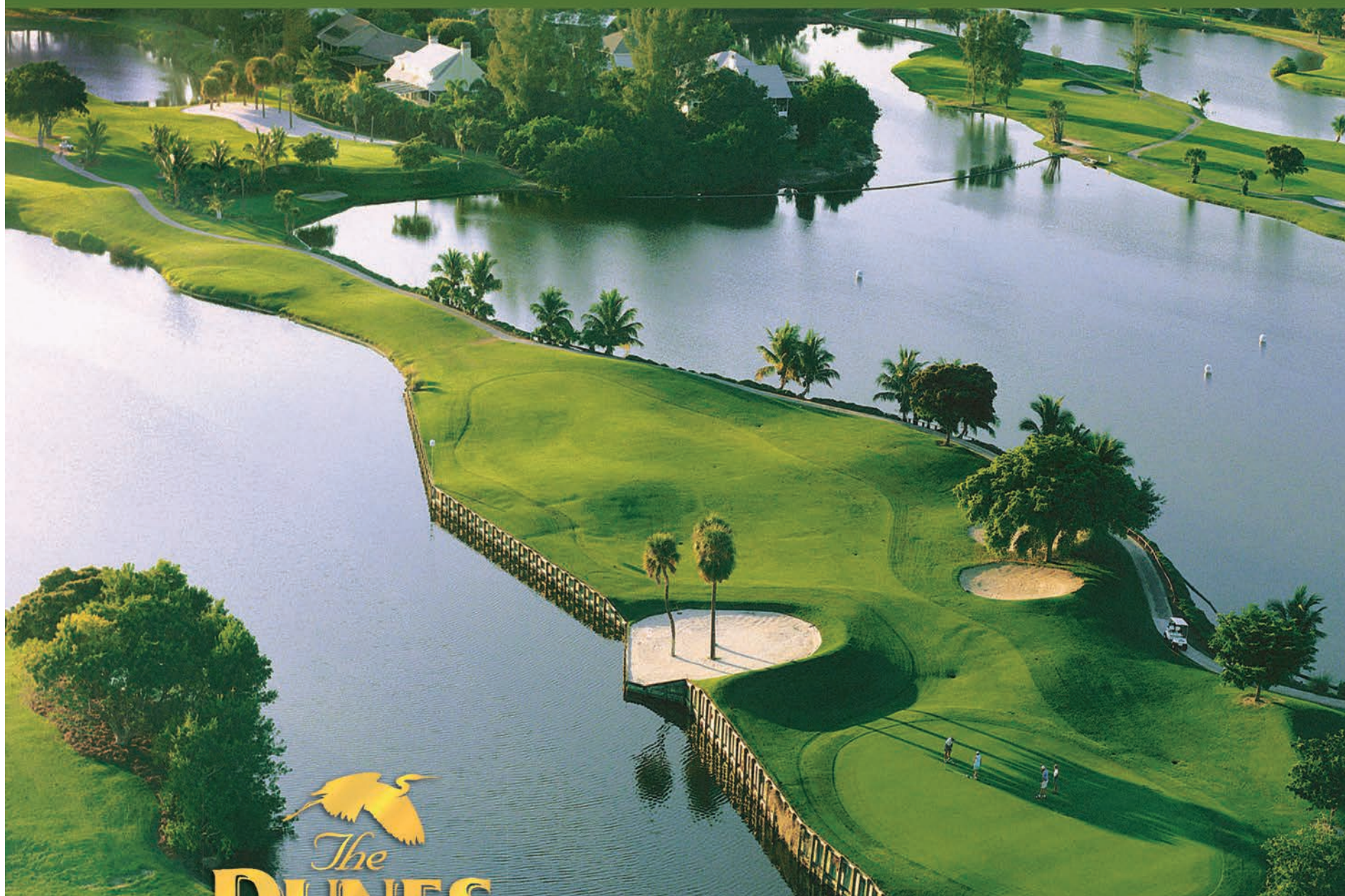
HORTOONS

MOST FLORIDA RESIDENTS GET A SINISTER SMILE ON THEIR FACE THIS TIME OF YEAR

Top 10 Real Estate Sales

| Subdivision | City | Year Built | Square Footage | Listing Price | Selling Price | Days On Market |
|------------------|------------------|------------|----------------|---------------|---------------|----------------|
| Sorrento | Miromar Lakes | 2016 | 6,401 | \$5,638,575 | \$5,638,575 | 1 |
| Not Applicable | Sanibel | 1980 | 1,935 | \$3,300,000 | \$2,800,000 | 350 |
| Venetian Gardens | Fort Myers Beach | 2016 | 4,104 | \$1,995,000 | \$1,900,000 | 224 |
| Catalpa Cove | Fort Myers | 2001 | 3,850 | \$1,895,000 | \$1,850,000 | 27 |
| Jonathan Harbour | Fort Myers | 1996 | 4,277 | \$1,400,000 | \$1,400,000 | 0 |
| Vittoria | Fort Myers | 2005 | 3,542 | \$1,249,900 | \$1,123,000 | 22 |
| Banyan Cove | Estero | 2002 | 3,576 | \$1,215,000 | \$1,150,000 | 42 |
| Fort Myers | Fort Myers | 2015 | 3,525 | \$849,990 | \$849,990 | 425 |
| Nature's Cove | Estero | 2005 | 2,972 | \$849,900 | \$800,000 | 141 |
| Imperial Shores | Bonita Springs | 1988 | 2,107 | \$799,000 | \$755,000 | 28 |

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